

PSSF Testimonial

I applied to The Perth Sports Surgery Fellowship on the recommendation of my good friend and consultant colleague Stephen Dalglish, who was the 5th PSSF Fellow. I was the 14th fellow, and I can categorically state that it has become one of the best fellowships in the world for exposure to sports surgery. I find it hard to imagine how it could be significantly improved. Those dedicated to make the most out of the fellowship are rewarded with a frankly unbelievable exposure with constant support and encouragement from some of the best colleagues you could imagine. I would recommend undertaking another fellowship in knee surgery prior to this one, to maximise your experience as there are an abundance of challenging cases. Having the basics mastered before arriving will really allow you to push yourself. Here are some quotes that I feel epitomise what this fellowship is about:

“I want you to mess up while you are on fellowship so we can learn to get out of trouble together” - supervisor

“Your success is our success” – supervisor

“A fellowship is a two-way process. I want you to teach me what you know already so I can pick things up off you too” - supervisor

“The numbers are real!” – visiting surgeon

As the fellow you are responsible for a large public sports knee practice under Pete’s name, and work with your registrar as a consultant would. You have support from Pete or any other supervisor day and night and are never left feeling alone. You run your own clinics with and without direct support, and theatre lists depending on your level of experience. For me this meant approximately one-half day list per week where I was unsupervised and 2-3 days operating with supervision. On average there is a day per week of clinic and half a day free for research. I have attached the current rota template below. As you gain confidence, the level of supervision on these lists often reduces, and the experience is tailored to maximise your development. The complexity of cases is your choice, and there is a vast supply to choose from, with the supervisors all saving their interesting cases for your lists with them. The fellowship is supported by Smith and Nephew and most cases use their kit. Australia is different to the UK in that industry representatives are present at most cases to help the theatre staff and surgeons. The support given by Andrew and Neill is exemplary and I learned as much from their guidance as I did from anyone. This particularly rings true when you start putting more challenging cases on your own lists, and the frustration of kit issues is almost non-existent due to their presence. The calibre of nursing staff is also high and all the above means you can concentrate on learning the operations rather than stressing about many of the non-technical aspects.

During my 6 months I performed 22 multi ligament knee reconstructions. This included performing 9 PCL reconstructions, my final one without direct supervision (Pete in the hospital ready for a call). I performed 76 primary ACL reconstructions myself and used several different techniques and graft choices including hamstring, quads and patella tendon grafts. A comprehensive and accurate logbook is attached

detailing all procedures. The total number of procedures performed was 451 on 310 different patients (In the attached logbook, I tagged multi-ligs additionally so have subtracted them from my numbers). It is worth noting that I had a particularly good exposure to multi ligament reconstructions, and each fellow has a similar but not identical experience with some seeing more patellofemoral work or meniscal transplants for example. Overall, it has been consistent that all fellows have achieved excellent numbers and all have strongly encouraged others to apply. Perhaps one of the most fulfilling aspect of this fellowship was the willingness of the supervisors to learn as much as they could from my experience in Brisbane with Peter Myers. In the 6 months we performed just under 20 blood clot augmented meniscal repairs with the MeniPass system, and explored some different techniques I had learned to see if the supervisors found them helpful.

The fellowship is very productive academically and my 6 months already led to two publications in good journals. I realistically expect to achieve several more in the next year from work already completed. I was encouraged to present regularly, whether this be at an AOA meeting, the grand round or teaching for registrars. Pete is very keen to collect data to prove that the techniques you learn on the fellowship are effective, and most of the papers produced reflect this. The quality of research produced is excellent and a range of projects are always in progress. The research team surrounding the fellowship is highly skilled and allowed me to build some excellent contacts. My goal was to involve myself with some large projects (RCT), complete some projects left by prior fellows and initiate some new ones myself. I left having initiated several smaller projects and helping Pete to start a larger one. If you are keen on research, you will not be left wanting.

As well as the comprehensive "in work" experience, Pete worked tirelessly to make our year in Perth the best it could possibly be outside of work. We were regularly invited to spend time with his family and taken to lots of AFL matches. We played several rounds of golf which was a great time to reflect on how the fellowship was going and plan the next steps. I truly felt that Pete made up for our complete lack of a support network while we were away.

Overall, this is an outstanding fellowship, with outstanding people, in an outstanding place. I am genuinely saddened to have to leave and look forward to catching up with my supervisors in the future. Thanks again to all of you.

Pete Davies

Timetable as it stood during my fellowship

Perth Sports Surgery Fellowship Timetable 2024						
FELLOW	TRAUMA	GOHIL	LAM	D'ALESSANDRO	RICCIARDO	FINSTERWALD
			Fremantle (FH) Rockingham (RGH) Fiona Stanley Hospital (FSH)	Bethesda (BH) Murdoch (SIOGM) Mount (MH)	Esperance (EH) Geraldton (GRH) NTheatreham (NH)	
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
				FSH Grand Round (730-830)		
AM	Gohil Private Theatre SIOGM	Gohil Theatre FH	D'Alessandro Private Clinic BH	D'Alessandro Private Theatres BH	D'Alessandro Theatre FH	
PM	D'Alessandro Private Theatre BH	Lam Theatre FH	OFF	RESEARCH		
HOURS	8	8	4	8	8	
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
				FSH Grand Round (730-830)		
AM	Ricciardo Private Theatre BH	Lam Theatre RGH	Ricciardo Private Theatre BH	Sports Fellow Theatre FH	Sports Trauma Clinic FSH	
PM	Sports Fellow Clinic FH	Lam Clinic RGH	RESEARCH	D'Alessandro Private Theatre BH	Trauma Theatre FSH	
HOURS	4	8	8	8	8	72
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	
				FSH Grand Round (730-830)		
AM	D'Alessandro Sports Trauma Theatre FH	Sports Fellow Theatre (Gohil) FH	Finsterwald Theatre RGH	Gohil Trauma Theatre FSH (PDA Northam date)	D'Alessandro Theatre FH	
PM		Lam Theatre FH				
HOURS	8	8	4	8	8	
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	
				FSH Grand Round (730-830)		
AM	D'Alessandro Private Theatres BH	Ricciardo Theatre FH	Ricciardo Private Theatre BH	Sports Fellow Theatre FH	Sports Trauma Clinic FSH	
PM	Sports Fellow Clinic FH		RESEARCH	D'Alessandro Private Theatre SIOGM	Trauma Theatre FSH	
HOURS	4	8	8	8	8	72

Logbook Consolidation Report from PSSF 6 months (310 different patients)

Specialist : Mr Peter Davies (7148942)

Date of Report : 19-Aug-2024



Filter : PSSF

Consolidation Report

Trauma and Orthopaedic Surgery	Total	A	S-TS	S-TU	P	T	O	PPT
ACL reconstruction - arthroscopic	98	22	39	2	32	3	0	0
Meniscal repair (arthroscopic)	80	21	26	0	28	5	0	0
Extra articular lateral tenodesis / reconstruction	36	11	13	2	10	0	0	0
Arthroscopic meniscectomy	35	10	8	4	7	6	0	0
Repair and / or reconstruction MCL of knee	29	7	13	2	7	0	0	0
Multi Ligament knee repair and / or reconstruction for dislocation	28	6	16	1	5	0	0	0
TKR	15	6	5	1	2	1	0	0
MPFL Reconstruction	9	1	5	0	3	0	0	0
PCL reconstruction	9	1	6	1	1	0	0	0
MUA knee	8	1	1	0	6	0	0	0
Repair and / or reconstruction Posterolateral corner of the knee (including LCL)	8	2	6	0	0	0	0	0
Osteotomy proximal tibial	7	2	5	0	0	0	0	0
Revision ACL reconstruction	7	2	4	1	0	0	0	0
Mosaicplasty - knee	6	4	2	0	0	0	0	0
Removal metal	6	3	2	0	0	1	0	0
Tibial tuberosity osteotomy	6	1	5	0	0	0	0	0
Arthroscopic removal loose bodies knee	5	2	1	0	2	0	0	0
Anterior repair for instability arthroscopic	4	4	0	0	0	0	0	0
Arthroscopic subacromial decompression	4	4	0	0	0	0	0	0
Arthroscopy knee other therapeutic procedure	4	3	1	0	0	0	0	0
Open microfracture + / application collagen matrix	4	1	2	0	1	0	0	0
Osteochondral fragment ORIF knee	4	0	1	0	3	0	0	0
Reconstruction of avulsed proximal hamstrings	4	1	3	0	0	0	0	0
THR hybrid	4	4	0	0	0	0	0	0
Osteotomy distal femoral	3	2	1	0	0	0	0	0
Patella tendon repair	3	0	3	0	0	0	0	0
Ankle fracture/dislocation ORIF	2	0	0	0	0	2	0	0
Arthroscopic chondroplasty	2	0	1	0	1	0	0	0
Arthroscopic hip debridement for femoroacetabular impingement syndrome	2	2	0	0	0	0	0	0
Extracapsular fracture intramedullary fixation	2	0	0	0	2	0	0	0
Fracture distal radius ORIF	2	0	0	0	0	2	0	0
Latarjet/Bristow Helfet procedure	2	2	0	0	0	0	0	0
Meniscal allograft transplant	2	0	1	1	0	0	0	0
Osteochondral allografting - knee	2	1	0	1	0	0	0	0
Reverse polarity (Inverse) shoulder replacement	2	2	0	0	0	0	0	0
Wound closure, early or delayed, primary or secondary	2	1	0	0	1	0	0	0
Acromioclavicular joint excision - arthroscopic / open / lateral clavicle	1	1	0	0	0	0	0	0
Acromioclavicular joint reconstruction (eg Weaver Dunn)	1	1	0	0	0	0	0	0
Ankle - lateral ligament repair (Bostrom's)	1	0	1	0	0	0	0	0
Arthroscopic removal loose body - shoulder	1	1	0	0	0	0	0	0
Arthroscopy ankle therapeutic	1	0	1	0	0	0	0	0

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Aspiration / injection hip joint	1	1	0	0	0	0	0	0
Diaphyseal tibial fracture intramedullary nailing	1	0	0	0	1	0	0	0
First MTPJ cheilectomy	1	0	1	0	0	0	0	0
Fracture distal radius MUA & POP	1	0	0	0	0	1	0	0
Fracture proximal humerus ORIF	1	1	0	0	0	0	0	0
Intracapsular fracture bipolar hemiarthroplasty (cemented)	1	0	0	0	1	0	0	0
Irrigation and debridement native joint for infection (arthroscopic) - elbow	1	0	0	0	0	1	0	0
Irrigation and debridement of native joint for infection (open) - shoulder	1	0	0	0	1	0	0	0
Meniscal repair (open)	1	0	0	0	0	1	0	0
Nerve decompression / neurolysis	1	0	1	0	0	0	0	0
Other soft tissue realignment / release	1	1	0	0	0	0	0	0
Patella fracture ORIF (not tension band wire)	1	0	0	0	1	0	0	0
Patella tendon decompression (open / arthroscopic)	1	1	0	0	0	0	0	0
Quadriceps tendon repair	1	0	1	0	0	0	0	0
Repair and / or reconstruction quads tendon rupture	1	0	1	0	0	0	0	0
Repair of tibial spine	1	0	1	0	0	0	0	0
Rotator cuff repair (arthroscopic) +/- acromioplasty	1	1	0	0	0	0	0	0
Rotator cuff repair (open) +/- acromioplasty	1	1	0	0	0	0	0	0
Single stage revision THR femoral component	1	1	0	0	0	0	0	0
Talar fracture / dislocation ORIF	1	1	0	0	0	0	0	0
Tendon decompression or repair	1	0	1	0	0	0	0	0
Tendon repair in foot	1	0	0	0	1	0	0	0
Tenodesis of proximal biceps tendon	1	1	0	0	0	0	0	0
THR uncemented	1	0	1	0	0	0	0	0
Tibial shaft plating	1	1	0	0	0	0	0	0
Trigger finger release	1	0	1	0	0	0	0	0
Unicompartmental knee replacement	1	1	0	0	0	0	0	0
Wound debridement	1	1	0	0	0	0	0	0
Specialty Total	479	144	180	16	116	23	0	0
Report Total	479	144	180	16	116	23	0	0