

Testimonial

This is one of the best sports / soft tissue knee fellowships around. I undertook this fellowship after 18 months of fellowship in the UK and it has exceeded all my expectations.

This fellowship has everything I was looking for: surgical volume, complexity of cases, autonomy and independence, and most importantly mentorship.

I logged 450 cases in 6 months with 70% of these being the primary surgeon. My surgical casemix was tailored to my learning objectives and I was primarily focussed on knees. My logbook is summarised below and it's quite unbelievable how much I have done over the last 6 months. The high surgical volume allowed me to improve all aspects of surgical skills from planning, executing, decision making, dealing with and avoiding complications. There is also a good balance of public/private and supervised/independent operating.

| | Total | Primary Surgeon |
|-------------------------------------|-------|-----------------------------------|
| Primary ACL (hamstring, BTB, quads) | 86 | 64 (46 hamstring, 9 BTB, 9 Quads) |
| Revision ACL (mostly BTB) | 18 | 12 |
| Multilig knee | 23 | 18 |
| PCL | 13 | 12 |
| Osteotomy | 15 | 11 |
| MPFL | 11 | 11 |
| Meniscal repairs | 99 | 64 (11 root repairs) |
| OATS/OCD/MACI/OCA | 18 | 14 |
| Meniscal transplant | 2 | 2 |
| Proximal hamstring repair | 12 | 6 |

In addition to the routine cases, I was able to perform quite complex surgeries at the end of my fellowship including multiligament knee reconstructions, PCL, revision ACL and combined procedures such as osteotomy, revision ACL and meniscal transplant.

I cannot thank Pete enough for his generosity, teaching, support and mentorship over the last 6 months. Pete has been such a great mentor and goes above and beyond to ensure I get the most out of this fellowship. His commitment to achieve excellence in providing patient care and teaching (fellows and registrars) is truly inspiring. There is so much to learn from him and I'm very fortunate to be his fellow for the past 6 months.

Li-On, Sat and Brendan are also excellent trainers and exceptional individuals. All the supervisors on the fellowship encouraged me to put cases on interest on our list together to ensure I get the most experience out of it.

The department has multiple trials and research projects ongoing. The fellow will be actively involved and encouraged to come up with their own research ideas. I am involved in multiple ongoing trials and am currently writing up a paper.

The fellowship has an excellent track record of publishing, and any prospective fellows will be expected to continue that.

Living in Perth

Perth is a very family friendly city with lots of outdoor space and activities to do with kids. There are also some of the best beaches in the world in Western Australia.

You will quickly learn about footy / aussie rules football and Pete will no doubt take you to a game or two!

I came with my wife and two young kids (5 and 1) and we've had a great time as a family.

Other Fellowships

Most of the other fellows combine their sports fellowship with another fellowship (trauma, arthroplasty, PJI) in the department. I chose to do only 6 months due to other plans.

It has been an incredible 6 months in Perth and the only downside is it has flown by! I look forward to meeting again in future events / conferences and can't wait for the next fellowship re-union.