

# Perth Sports Surgery Fellowship Skills and Goals



ORTHOPAEDIC RESEARCH FOUNDATION  
WESTERN AUSTRALIA



PERTH  
SPORTS SURGERY  
FELLOWSHIP

Welcome to Perth. You're going to have a great time! Please assist us in making this the best possible experience for you by completing the table below. We try to tailor the fellowship to your skills and goals. There are no wrong answers-just helps us plan!

- Cases you are happy performing completely independently +/- supervising a junior (ie with me not on site)? (label A)
- Cases you are comfortable performing with some supervision (ie with me unscrubbed/ in another theatre)? (label B)
- Cases you happy performing some steps/taking the lead (but with me scrubbed +/- guiding you )? (label C)
- Cases/skills you have had minimal exposure to; are starting from scratch/or fairly close to it? (label F)
- Cases/skills are you not particularly interested in? (label Z)

Type of KNEE Cases/Skills:	POST Fellowship GOAL (A/B/C/F/Z)	PRE Fellowship GRADE (A/B/C/F)	POST Fellowship GRADE (A/B/C/F)
-Knee Scope	A	A	A
-Meniscal Repair (all inside)	A	A	A
-Meniscal Repair (outside in/inside out/Novostitch)	A	A	A
-Meniscal Root Repair	A	A	A
-Meniscal Transplant	A	C	A
-Chondral Grafting (OATS/MACI)	A	C	A
-Hamstring Harvest for ACL Recon	A	A	A
-Patella Tendon Harvest for ACL Recon	A	A	A
-Quads Tendon Harvest for ACL Recon	A	A	A
-Primary ACL Reconstruction	A	A	A
-Revision ACL Reconstruction	A	A/C	A
-ACL Avulsion Fixation	A	A	A
-PCL Reconstruction	A	C	A
-Multi-Ligament Knee Recon (including PLC/PMC)	A	B	A
-Osteotomy (HTO)	A	B	A
-Osteotomy (DFO)	A	C	A
-PFJ Recon (MPFL/TTT)	A	A	A
-Joint Replacement	A	A/B	A
<b>Type of SHOULDER Cases/Skills include</b>			
-Shoulder Scope (Lateral); establishing portals	Z	Z	Z
-ASAD +/- ACJ Excision	Z	Z	Z
-Open Cuff Repair	Z	Z	Z
-Arthroscopic Cuff Repair	Z	Z	Z
-Arthroscopic Biceps Tenodesis	Z	Z	Z
-Arthroscopic Stabilisation (Anterior Bankart)	Z	Z	Z
-Arthroscopic Posterior Labral/SLAP Repair	Z	Z	Z
-Remplissage	Z	Z	Z
-Latarjet	Z	Z	Z
-AC Joint Stabilisation/Reconstruction	Z	Z	Z
-Joint Replacement	Z	Z	Z
<b>Type of HIP Cases/Skills include</b>			
-Hip Scope (Setting up)	Z	Z	Z
-Hip Scope (Getting in the joint)	Z	Z	Z
-Hip Scope (Capsulotomy)	Z	Z	Z
-Hip Scope (Labral Repair)	Z	Z	Z
-Hip Scope (Osteoplasty-Femoral/Acetabular)	Z	Z	Z
-Hip Scope (Arthro Psoas release at LT post THR)	Z	Z	A
-Hip Scope (LT Osteoplasty for IFI)	Z	Z	Z
<b>Tendon Repair Cases</b>			
-Proximal Hamstring Repair	A	C	A
-Pec Major Repair	Z	Z	Z
-Distal Biceps Repair	Z	Z	Z
<b>Trauma</b>			
-ORIF (Ankle/Distal Radius/Olecranon/Patella)	A	A	A
-Trauma Nails (TFNa/FRN/Tibial Nail)	A	A	A
-Trauma Hemiarthroplasty	A	A	A
-Trauma THR	Z	Z	Z
-Trauma ORIF Distal Femur	A	A	A

-Trauma ORIF Proximal Humerus	<b>A</b>	<b>B</b>	<b>A</b>
-Trauma ORIF Distal Humerus	<b>A</b>	<b>B</b>	<b>A</b>
<b>Miscellaneous</b>			
-Carpal Tunnel	<b>A</b>	<b>A</b>	<b>A</b>
-Removal of Metal	<b>A</b>	<b>A</b>	<b>A</b>

**a) What are your major goals for your 6 months with us-type/range of cases, anything specific that you want to see/do?**

PCL, Multiligament knees, osteotomies, meniscal transplant, revision ACLs

Although I can already do the routine cases, I'm keen to improve upon my techniques and learn from fellowship supervisors.

**b) What type of job/role are you planning on returning home to?**

Just been appointed to a trauma/soft tissue knee job in a major trauma centre (provisionally starting end of Aug)

Lots of multilig (will be main person doing these) and other traumas

Also will be only person performing osteotomies, meniscal transplant as senior colleagues don't offer these procedures

**c) Have you completed/are you planning on completing another fellowship?**

No further fellowships so aiming for this one to be my finishing school

Previous fellowships

Derby, UK – Soft Tissue Knee

Oxford, UK – Trauma

Coventry, UK – Soft Tissue Knee

**d) Upon return home, after undertaking the Perth Sports Fellowship, if you could say,**

**“I can now ....., which I was unable/not confident with prior”**

**What would it be?**

PCLR, osteotomies, meniscal transplant

**e) (Post Fellowship) Please provide some feedback on the positives/negatives/suggestions for change....have you achieved your goals?**

**(we will also ask you to provide us with a testimonial/logbook for our records)**

I have achieved all my goals for this fellowship and can now comfortably perform multilig, PCL, revision ACL, osteotomies, meniscal transplant etc I have also learnt lots of new techniques during this fellowship. The surgical volume and experience is exceptional.

I found the autonomy and independence really helpful in preparing me to become a consultant. I was able to see and assess patient in clinic, operate on them and follow them up.