

Perth Sports Surgery Fellowship

Skills and Goals



ORTHOPAEDIC RESEARCH FOUNDATION
WESTERN AUSTRALIA



PERTH
SPORTS SURGERY
FELLOWSHIP

Welcome to Perth. You're going to have a great time! Please assist us in making this the best possible experience for you by completing the table below. We try to tailor the fellowship to your skills and goals.
There are no wrong answers-just helps us plan!

- Cases you are happy performing completely independently +/- supervising a junior (ie with me not on site)? (label A)
- Cases you are comfortable performing with some supervision (ie with me unscrubbed/ in another theatre)? (label B)
- Cases you happy performing some steps/taking the lead (but with me scrubbed +/- guiding you)? (label C)
- Cases/skills you have had minimal exposure to; are starting from scratch/or fairly close to it? (label F)
- Cases/skills are you not particularly interested in? (label Z)

Type of KNEE Cases/Skills:	POST Fellowship GOAL (A/B/C/F/Z)	PRE Fellowship GRADE (A/B/C/F)	POST Fellowship GRADE (A/B/C/F)
-Knee Scope	A	B	A
-Meniscal Repair (all inside)	A	C	A
-Meniscal Repair (outside in/inside out/Novostitch)	A	C	A
-Meniscal Root Repair	A	F	A
-Meniscal Transplant	C	F	B
-Chondral Grafting (OATS/MACI)	B	F	A
-Hamstring Harvest for ACL Recon	A	B	A
-Patella Tendon Harvest for ACL Recon	A	C	A
-Quads Tendon Harvest for ACL Recon	A	F	A
-Primary ACL Reconstruction	A	C	A
-Revision ACL Reconstruction	A	F	A
-ACL Avulsion Fixation	B	F	A
-PCL Reconstruction	B	F	A
-Multi-Ligament Knee Recon (including PLC/PMC)	B	C	A
-Osteotomy (HTO)	B	F	B
-Osteotomy (DFO)	C	F	B
-PFJ Recon (MPFL/TTT)	A	C	A
-Joint Replacement	A	A	A
Type of SHOULDER Cases/Skills include			
-Shoulder Scope (Lateral); establishing portals	Z	Z	Z
-ASAD +/- ACJ Excision	Z	Z	Z
-Open Cuff Repair	Z	Z	Z
-Arthroscopic Cuff Repair	Z	Z	Z
-Arthroscopic Biceps Tenodesis	Z	Z	Z
-Arthroscopic Stabilisation (Anterior Bankart)	Z	Z	Z
-Arthroscopic Posterior Labral/SLAP Repair	Z	Z	Z
-Remplissage	Z	Z	Z
-Latarjet	Z	Z	Z
-AC Joint Stabilisation/Reconstruction	Z	Z	Z
-Joint Replacement	Z	Z	Z
Type of HIP Cases/Skills include			
-Hip Scope (Setting up)	A	A	A
-Hip Scope (Getting in the joint)	A	A	A
-Hip Scope (Capsulotomy)	A	A	A
-Hip Scope (Labral Repair)	A	A	A
-Hip Scope (Osteoplasty-Femoral/Acetabular)	B	A	A
-Hip Scope (Arthro Psoas release at LT post THR)	B	A	A
-Hip Scope (LT Osteoplasty for IFI)	C	A	A
Tendon Repair Cases			
-Proximal Hamstring Repair	C	A	A
-Pec Major Repair	F	Z	Z
-Distal Biceps Repair	C	B	C
Trauma			
-ORIF (Ankle/Distal Radius/Olecranon/Patella)	A	A	A
-Trauma Nails (TFNa/FRN/Tibial Nail)	A	A	A
-Trauma Hemiarthroplasty	A	A	A
-Trauma THR	A	A	A
-Trauma ORIF Distal Femur	A	A	A
-Trauma ORIF Proximal Humerus	B/C	B	B
-Trauma ORIF Distal Humerus	A	A	A
Miscellaneous			
-Carpal Tunnel	A	A	A
-Removal of Metal	A	A	A

a) What are your major goals for your 6 months with us-type/range of cases, anything specific that you want to see/do?

My main goals for the PSSF are to focus on sports knee surgery, focusing on meniscal work, ACLs, patellar instability and multiligament reconstructions.

I would also like to learn more about the management of hamstring tears, having had limited exposure to this during my UK training

b) What type of job/role are you planning on returning home to?

I have been appointed to a consultant hip and knee surgeon post in Northern Ireland which I will commence after the PSSF. My focus will be on sports hip and knee surgery

c) Have you completed/are you planning on completing another fellowship?

I have spent the last 12 months undertaking a UK hip preservation fellowship and I am now reasonably happy with the majority of hip preservation surgery including hip scopes. I am happy with most central compartment work and the main area I want to improve on in Perth is with Cam resection. I have mainly been using Stryker kit including postless traction but have some experience with the Smith and Nephew kit, including the pink postless mat.

d) Upon return home, after undertaking the Perth Sports Fellowship, if you could say,

"I can now, which I was unable/not confident with prior"

What would it be?

Perform independent ACL reconstructions

Address any range of meniscal pathology within the knee

Manage the patient with recurrent patellar instability

e) (Post Fellowship) Please provide some feedback on the positives/negatives/suggestions for change....have you achieved your goals?

(we will also ask you to provide us with a testimonial/logbook for our records)

Awesome fellowship

Addition of Mike Finsterwald and Rockingham lists was great and should remain!

Not much else could be improved