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To Whom it May Concern;

I have just completed the Perth Sports Surgery Fellowship over the last six months from January 2019 -July 2019. This is an absolute gem of a fellowship- which I happened to stumble across by chance as it was relatively new at the time I was applying but via word of mouth it is now becoming increasingly popular and filling up rapidly. I had an incredible 6 month experience which far surpassed my expectations with a hugely varied caseload and exposure to the full spectrum of soft tissue/sports knee, shoulder and hip surgery. The 5 supervisors are all fellowship trained, extremely accommodating but, above all, exceptional individuals.

The beauty of this fellowship is the combined public and private exposure; giving experience of knee/shoulder and hip/ankle arthroscopic work as well as knee/hip/shoulder arthroplasty should you wish. You can learn complex techniques in the private system, perform them supervised in the public system, and as you progress, are given the opportunity to manage patients and operate independently in your own Fellow's theatre lists.

My interest before embarking on the fellowship was in soft tissue knee surgery and given my interests, the fellowship supervisors tailored the timetable and case load to specifically maximise my exposure to soft tissue knee exposure which was superb. I reaped huge benefits from this flexible and understanding approach.

I ended up performing 371 cases in 6 months. I was the primary operator or training/teaching registrars for around 60% of total cases. My personal highlights included significant exposure to multi-ligament knee reconstructions, revision ACLs, performing the first meniscal transplants in Western Australia, meniscal root repairs, cartilage restoration surgery and exposure to multiple graft choices. From a quick logbook review for interest across the 6 months, I was involved with 59 ACLs ( I performed 37 of them), 5 PCLs (I did 4 of them), 33 meniscal repairs/root repairs (I did 26 of them), 8 Multi-ligament knees including PLCs/ PMCs/ MCLs (I did all of them), 24 TKRs (I did 16), 6 Uni Knees (I did 4).

Another strength of the fellowship is the industry support from the specific company state manager and his team who essentially provide a personal service with in depth knowledge of the full product catalogue, and are on hand to provide support via different teaching modalities and are always present whilst in theatre.

I have returned to my UK Consultant post with vastly greater experience and confidence and have already been able to pass on the many lessons learned in Perth to my trainees and other colleagues.

Essentially I can't recommend this fellowship enough. You will not be disappointed. I had no negative experiences other than it was only 6 months duration and I had to leave!

Best wishes

Stephen Dalgleish  
MBChB MRCS FRCS (Trauma & Orth)