

Dr Peter D'Alessandro

MBBS Hons. (UWA) FRACS FAOrthA

Orthopaedic Surgeon

Knee & Shoulder Reconstruction

Hip Arthroscopy, Surgery for Athletes

- Family:** Married to Natasha Harris
Daughter Sienna (born December 2011)
Son Joshua (born November 2013)
- Citizenship:** Australian
Italian
- Undergraduate Degree:** Bachelor of Medicine, Bachelor of Surgery (with Honours)
University of Western Australia
- Post Graduate Qualifications:** Fellow of the Royal Australasian College of Surgeons
Fellow of the Australian Orthopaedic Association
- Registration:** Medical Board of Australia: MED0001543191
-General Registration
-Specialist Registration (Orthopaedic Surgery)
College of Physicians & Surgeons of British Columbia
General Medical Council United Kingdom
- Languages:** English, Italian, French
- Interest Areas:** Knee & Shoulder Reconstruction
Hip Arthroscopy
Trauma
Surgery for Athletes
Academic Surgery & Teaching

1. ORTHOPAEDIC SURGERY

1.1 CONSULTANT ORTHOPAEDIC SURGEON: Western Australia

Fiona Stanley & Fremantle Hospitals Group,

Knee & Shoulder Reconstruction

Hip Arthroscopy

Trauma Surgeon: on site/on call

Department Supervisor of Junior Medical Staff responsible education and welfare

Coastal Orthopaedic Group

Bethesda Hospital, Claremont

St John of God Hospital, Murdoch

ACL & Multi-Ligament Knee Reconstruction

Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery

Knee & Shoulder Joint Replacement

Hip Arthroscopy, Surgery for Athletes

1.2 INTERNATIONAL SUB-SPECIALTY FELLOWSHIPS

Chelsea Complex Knee Fellowship

Mr Andy Williams and Mr Jonathon Lavelle,

Chelsea and Westminster NHS Trust & Fortius Clinic; London, United Kingdom

Complex Arthroscopic Knee Reconstruction

Knee Joint Replacement; Multi-ligament Surgery, Osteotomy

Tertiary referral of Complex Knee Trauma; General Trauma

Management of Elite Athletes

UBC Sports Surgery & Joint Preservation Fellowship

University of British Columbia Hospital; Vancouver, Canada

Dr Bill Regan, Dr Jordan Leith, Dr Mike Gilbert, Dr Patrick Chin, Dr Simon Horlick

Hip Arthroscopy: Primary & Revision

Shoulder Joint Replacement;

Arthroscopic Reconstructive Surgery;

Calvert Shoulder Fellowship

Hospital of St John & St Elizabeth; London, United Kingdom

Mr Andrew Wallace

Arthroscopic Reconstructive Surgery

Shoulder Joint Replacement

Management of Elite Athletes

Trauma Fellowship

Royal Free London NHS Foundation Trust; London, United Kingdom

Mr Philip Ahrens

Complex Upper Limb Trauma

General Trauma

1.3 SURGICAL VISITATIONS

Knee Surgery

Dr Steve McDonald; Knee Joint Replacement; *London, Ontario, Canada*

Mr Jonathon Webb; Patellofemoral Joint Replacement; *London, UK*

Dr Cornelius van Loon; Ligament Reconstruction; *Arnhem, The Netherlands*

Dr Bas Masri; Knee Joint Replacement; *Vancouver, Canada*

Hip Arthroscopy

Dr Shane Ngo; Labral/Capsule Repair; *Rush University Medical Center, Chicago, USA*

Dr Pieter Druyts; Labral Repair/FAI; *Tilburg, The Netherlands*

Mr Ali Bajwa & Mr Richard Villar; FAI/Chondral Salvage; *Cambridge, UK*

Dr Enrico de Visser; Labral Repair/FAI; *Arnhem, The Netherlands*

Shoulder Surgery

Dr Alex Castagna; Reverse Shoulder Replacement; *Milan, Italy*

Dr Piero Budassi; Shoulder Reconstruction; *Cremona, Italy*

Dr Peter Poon; Reverse Shoulder Joint Replacement; *Auckland, New Zealand*

Dr Kurt Bormann; Complex Shoulder Joint Replacement; *St Louis, Missouri, USA*

Dr Anders Ekelund; Reverse Shoulder Joint Replacement; *Stockholm, Sweden*

Dr Henk van der Hoeven; Complex Arthroscopy; *Naarden, The Netherlands*

Mr Andrew Sankey; Revision Shoulder Joint Replacement; *London, UK*

Dr Patrick Smith; Arthroscopic Shoulder Reconstruction; *Columbia, Missouri, USA*

Drs Bob Litchfield/Darren Drosdowech; Shoulder Joint Replacement; *Ontario, Canada*

Dr Duncan MacKinlay; Shoulder Joint Replacement; *Sarnia, Ontario, Canada*

1.4 LEADERSHIP POSITIONS

University of Western Australia Faculty of Medicine and Dentistry

Clinical Senior Lecturer

Interview Panelist; for Prospective Students

Mentor; Personal and Professional Development Unit

Examiner; 4th Year Medical Students; Tutor; Orthopaedic and Musculoskeletal Medicine

Australian Orthopaedic Association (WA Branch)

State Executive

Younger Fellows' Representative (2018-)

Australian Orthopaedic Association (Federal)

Research Committee Member; WA Representative (2018-)

West Australian Orthopaedic Service Registrar Committee

Committee Member

2. RESEARCH

2.1 DIRECTOR

Perth Sports Surgery Fellowship

Orthopaedic Research Foundation of Western Australia

2.2 REVIEWER

Journal of Knee Surgery (Impact Factor: 1.50)
Journal of Sports Science (Impact Factor: 2.095)

2.3 CURRENT RESEARCH PROJECTS

- Return to Sport after Shoulder Instability Surgery (Jay Ebert, Peter D'Alessandro)
- Management of Posterior Cruciate Ligament Injuries in the Australian Football League (Rhys Daniel, Peter D'Alessandro)
- A Study Investigating the surgical and radiological incidence of Meniscocapsular Ramp Lesions in patients undergoing ACL Reconstruction (Matt Greenway, Ed Waters, Anton Le Roux, Jay Ebert, Piers Yaters, Peter D'Alessandro)
- A Prospective Study Investigating Patient Outcomes following Surgical Reconstruction for Multi-Ligament Knee Injuries (Rob Evans, Bertram Rieger Jay Ebert, Peter D'Alessandro)
- A Prospective Study Investigating Patient Outcomes Following Conservative Therapy and/or Hip Arthroscopic Surgery for Non-Arthritic Hip Pain (Jay Ebert, Peter D'Alessandro)
- Functional Outcomes after Surgical Repair of Musculotendinous Junction Tears of the Pectoralis Major (David Graham, Nick Wambeek, Jay Ebert, Peter D'Alessandro)
- 10 Year Outcomes of the Bicompartamental Knee Arthroplasty (Jen Woodhouse, Peter D'Alessandro, David Wood)

2.4 PUBLICATIONS

Lambers A, Rieger B, Kop A, D'Alessandro P, Yates P (2019). Implant Fracture Analysis of the TFNa Proximal Femoral Nail. *Journal of Bone & Joint Surgery* 101:804-11

D'Alessandro P, Wallace A (2019-in press). 'Glenohumeral Arthritis in Athletes', in Funk, L. (Ed.) *Sports Injuries of the Shoulder*. London: Springer.

Ebert J, Webster K, Edwards P, Joss B, D'Alessandro P, Janes G, Annear P (2019). Current perspectives of Australian therapists on rehabilitation and return to sport after anterior cruciate ligament reconstruction: A survey. *Physical Therapy in Sport* 35: 139-145

Salim X, D'Alessandro P, Little J, Mudhar K, Murray K, Carey-Smith R, Yates P (2018) A novel scoring system to guide prognosis in patients with pathological fractures; *Journal of Orthopaedic Surgery and Research* 13: 228-236

Waters G, D'Alessandro P, McGrath B, Leith J (2018) A unique case of Latissimus Dorsi tendon avulsion injury in an athlete cycling anabolic steroids and successful repair using an intra-cortical button technique; *Annals of Sports Medicine & Research* 5(1):1127-1130

Hill T, D'Alessandro P, Murray K, Yates P (2015).
Prognostic factors following pathological fractures. *ANZ Jour. of Surgery.* 85:159-163

D'Alessandro P, Wake G, Annear P (2013).
Hamstring pain and muscle strains after ACL reconstruction. A prospective randomized trial comparing graft harvest techniques. *Journal of Knee Surgery.* 26: 139-144.

D'Alessandro P, Carey-Smith R, Wood D (2011).
Large resection and reconstruction of primary parietal thoracic sarcoma: A multidisciplinary approach on 11 patients at minimum 2 years follow up. *Orthopaedics and Traumatology; Surgery and Research.* 97: 73-78.

D'Alessandro P, Carey-Smith R, Wood D (2011).
Résection large suivie de reconstruction des sarcomes primitifs de la paroi thoracique: une prise en charge multidisciplinaire de 11 patients avec un suivi minimum de deux ans. *Revue de Chirurgie Orthopédique et Traumatologique.* 97(1): Feb: 77-78.

D'Alessandro P, Wood D, Prosser G, Carey-Smith R, Nivbrant B, Lloyd D (2010).
Early results of the 2/3 Knee Arthroplasty. *Journal of Bone and Joint Surgery (Br).* 92-B (Supp_1): 192

Stevenson M, D'Alessandro P, Bourke J, Legge M (2003).
A cohort study of drink driving motor vehicle crashes and alcohol related diseases. *Australia and New Zealand Journal of Public Health.* 27(3): 328-332

2019

- *Royal North Shore Advanced Shoulder Techniques; Sydney, Australia*
Return to Sport after Shoulder Instability Surgery
- *Cartilage & Meniscal Restoration Cadaveric Workshop; CTEC Perth, Australia*
Meniscal Transplant Indications & Surgical Techniques
- *Sports Medicine Symposium Current Concepts in Reconstruction; Perth, Australia*
Graft selection in ACL, PCL and Multi-Ligament Reconstruction

2018

- *Research to Practice; Exercise & Sports Science Australia; Brisbane, Australia;*
Return to Sport after ACL Reconstruction; The Surgeons' Perspective
- *Royal North Shore Advanced Shoulder Techniques; Sydney, Australia*
Remplissage in Instability Surgery; Techniques & Outcomes
- *Shoulder Arthroscopy Masterclass; National University Hospital; Singapore*
Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery
- *Advanced Multi-Ligament Instructional Course; CTEC; University of WA*
Posterolateral and Posteromedial Corner Reconstruction
- *Knee Arthroscopy Instructional Course; CTEC; University of Western Australia*
ACL Reconstruction & Meniscal Repair

2017

- *Shoulder Arthroscopy Masterclass; National University Hospital; Singapore*
Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery
- *Hip Preservation Symposium 2017; Shanghai University; Shanghai, China*
Hip Arthroscopy Outcomes
- *Knee Injury Rehabilitation Symposium ; WA Institute of Sport; Perth, Australia*
ACL Reconstruction for Athletes

2.5

PRESENTATIONS

- *Australian Orthopaedic Association 2019; Perth, Australia; Muscuoltendinous Junctions Tears of the Pectoralis Major: Surgical Technique and Outcomes (p David Graham)*
- *Australian Orthopaedic Association 2019; Perth, Australia; Meniscal Transplantation in Western Australia*
- *Australian Orthopaedic Association 2019; Perth, Australia; Functional Navigation in the evaluation of post-operative arthroplasty positioning (p G Waters)*
- *Australian Orthopaedic Association 2019; Perth, Australia; Return to Sport after Shoulder Instability Surgery & a Survey of Local Perception (p. K Brogan)*
- *Australian Knee Society 2018; Broome, Australia; Surgical and Radiological Incidence of Meniscal RAMP Lesions*
- *Australian Orthopaedic Association 2018; Dunsborough, Australia; Medial Meniscal RAMP Lesions: A clinical and radiological assessment (p. M Greenaway)*
- *Australian Orthopaedic Association 2017; Fremantle, Australia Hip arthroscopy outcomes: review of 150 cases*
- *Australian Orthopaedic Association 2016; Dunsborough, Australia My Experience with Hip Arthroscopy*
- *Australian Orthopaedic Association 2016; Dunsborough, Australia The Role of Lateral Tenodesis in ACL Reconstruction*
- *British Columbia Orthopaedic Association 2016; Vancouver, Canada A Novel Scoring System to Guide Management after Pathological Fractures*
- *Asia Pacific Knee Surgery & Sports Medicine Society 2016; Hong Kong, China Outcome of Latarjet Procedure using a congruent arc technique assessed with CT*
- *University of British Columbia Orthopaedic Review 2016; Vancouver, Canada Meniscus Tears, Ligament Injuries, Arthritis & the 'New' Ligament*
- *Chelsea & Westminster Research Symposium 2014; London, UK Prognosis after Pathological Fractures*
- *Australian Orthopaedic Association 2011; Dunsborough, Australia Bicompartamental vs Total Knee Arthroplasty at 2 Years*
- *Australian Orthopaedic Association 2010; Perth, Australia The Bicompartamental Knee Arthroplasty: 2 Year Results*
- *Australian Orthopaedic Association ASM 2008; Hobart, Australia Early Results of the Bicompartamental Knee Arthroplasty*
- *Australian Sarcoma Group ASM 2008; Melbourne, Australia Primary Chest Wall Tumour Resection and Reconstruction-*
- *Australian Orthopaedic Association ASM 2005; Perth, Australia Hamstring pain and muscle strains following ACL reconstruction: A prospective, randomised study comparing graft harvest technique*

2.6

POSTERS

- *International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) 2015; Lyon, France Hamstring pain and muscle strains after ACL Reconstruction at 2 years*
- *Australian Orthopaedic Association ASM 2010; Adelaide, Australia Bicompartamental Knee Replacement, 2-Year Results*

- *European Federation of National Associations of Orthopaedics Traumatology (EFFORT) 2008; Nice, France*
Primary Chest Wall Tumour Resection and Reconstruction at 5 years
- *International Cartilage Research Symposium (ICRS) 2006; San Diego, USA*
Matrix-Induced Autologous Chondrocyte Implantation (MACI) for the treatment of Osteochondritis Dissecans (OCD) lesions of the knee

3. PROFESSIONAL DEVELOPMENT CONTINUING MEDICAL EDUCATION

2019

- Australian Orthopaedic Association (WA) ASM
Perth, Western Australia
- Australian Knee Society ASM
Canberra, Australian Capital Territory

2018

- Knee Cartilage & Meniscus Expert Consensus Symposium;
Munich, Germany ;
- Australian Knee Society ASM
Broome, Australia
- Australian Orthopaedic Association (WA) ASM
Dunsborough, Western Australia
- Hip Preservation Society Annual Scientific Meeting
Melbourne, Australia

2017

- International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine
Shanghai, China
- Combined Orthopaedic Knee Societies ASM
Noosa, Qld, Australia
- Australian Orthopaedic Association (WA) ASM
Fremantle, Western Australia
- Multi-Ligament Knee Reconstruction Cadaveric Course
Royal Australasian College of Surgeons, Melbourne, Australia
- Australian Orthopaedic Association Young Leaders' Forum
Sydney, NSW, Australia

2016

- Vail Hip Arthroscopy Symposium and Cadaveric Course
Steadman Phillipon Research Institute, Vail, Colorado, USA
- Lima Anatomical and Reverse Shoulder Replacement
University of St Louis, Missouri, USA
- Sports Arthroscopy & Shoulder Replacement Cadaveric Course
Arthrex Lab, Naples, Florida, USA
- Complex Shoulder Joint Replacement Cadaveric Course

Macquarie University, Sydney, NSW, Australia

2015

- AO Trauma Masters Current Concepts Cadaveric Course
Pointe Squaw, Phoenix, Arizona, USA
- Therapeutic Hip Arthroscopy Cadaveric Course
Villar School of Hip Arthroscopy, York, UK
- Ligament Balancing Knee Arthroplasty Cadaveric Course,
Ecole de Chirurgie, Paris, France
- Reverse Shoulder Arthroplasty Masters Course
Gelenkchirurgie Orthopadie, Hannover, Germany

2014

- Knee and Shoulder Arthroscopy Cadaveric Course
Arthrolab, Munich, Germany
- Advanced Knee Arthroscopy Cadaveric Course
York, UK
- Key Questions in Knee Surgery Symposium
Oxford University, UK
- Advanced Knee Osteotomy Masterclass
Basingstoke, United Kingdom
- 12th Wexham Park Cruciate Ligament Meeting
Slough, United Kingdom
- Revision Arthroplasty Masterclass
New York City, USA

2013

- Australian Orthopaedic Association (WA) ASM
Perth, Western Australia
- Limb Reconstruction Society of Western Australia Clinical Symposium
Fremantle, Western Australia
- Orthopaedic Fellowship Pre-Examination Course
Brisbane, Australia

2012

- AO Trauma; Advances in Operative Fracture Management
Davos, Switzerland
- Australian Paediatric Orthopaedic Society Instructional Course
Noosa, Australia

2011

- Sports Knee Surgery, Warwick Orthopaedics
University of Warwick; Coventry, UK
- Australian Orthopaedic Association (WA) ASM
Dunborough, Australia
- Fluoroscopy Safety in Medicine Course and Accreditation
Royal Perth Hospital, Australia

2010

- Australian Orthopaedic Association (WA) ASM
Perth, Australia
- Advanced Trauma Bioskills Course
Zimmer Institute, Sydney, Australia
- Upper Limb Trauma Cadaver Course
Synthes Education, Clinical Training Education Centre, Perth, Australia
- Orthopaedic Biomechanics Course, Zimmer Institute,
Sydney, Australia
- Hip Arthroplasty Cadaveric Workshop
Clinical Training Education Centre, Perth, Australia
- Knee Approaches and Arthroscopy Cadaveric Workshop
Clinical Training Education Centre, Perth, Australia

2009

- Early Management of Severe Trauma (EMST)
Royal Australasian College of Surgeons, Perth, Australia
- Care of the Critically Ill Surgical Patient (CCRISP)
Royal Australasian College of Surgeons, Perth, Australia
- Advanced Surgical Skills and Training (ASSET)
Royal Australasian College of Surgeons, Perth, Australia
- Advanced Trauma Cadaveric Masterclass
Zimmer Institute, Melbourne, Australia

2008

- AO Principles of Fracture Management
Christchurch, New Zealand
- Australian Orthopaedic Association ASM
Hobart, Australia
- Australian Sarcoma Group ASM
Melbourne, Australia
- European Federation of National Associations of Orthopaedics and Traumatology (EFORT)
Nice, France
- Knee Arthroplasty and Navigation Cadaveric Workshop
Clinical Training Education Centre, Perth, Australia

2005

- Australian Orthopaedic Association ASM
Perth, Australia

4. EDUCATION, TRAINING PRIZES & AWARDS

4.1

POSTGRADUATE

Qualifications

Fellow of Royal Australasian College of Surgeons (FRACS)
Fellow of the Australian Orthopaedic Association (FAOrthA)

Prizes

Royal Australasian College of Surgeons Congress Prize (2012)

Examinations and Training

Surgical Education & Training (SET) in Orthopaedic Surgery (2009-2013)
Basic Surgical Training (2007-2008)
Orthopaedic Fellowship Examination; Written & Clinical; (May 2013)
Orthopaedic Principles & Basic Sciences (OPBS); (2010)
Generic Surgical Sciences: Written & Clinical; (2008)

4.2 TERTIARY

Undergraduate Degree

University of Western Australia
Bachelor of Medicine, Bachelor of Surgery (with Honours)

Prizes

Medical School Class Valedictorian
Alan Charters Prize

4.3 SECONDARY

Certificate of Education

John XXIII College
Tertiary Entrance Rank: 99.9
Ranked 18 overall in Western Australia

Awards

Australian Student's Prize
General Exhibition
Subject Exhibition in Italian
Certificates of Distinction in Economics & Chemistry

5. COMMUNITY SERVICE

Charitable Activities

Salvation Army Red Shield Appeal
Act of Mercy Mission; Meru, Kenya
Organizing and fundraising committee member

Lions Club of Australia
Youth of the Year 1997
Winner, Perth District

Western Australian Amateur Football League

Board Member 2011-2014

Chairman; Competition Integrity Subcommittee

Lead Author; Australian Football Concussion Policy Initiative

Former Competition Integrity Commissioner

Australian Medical Association

Doctors in Training Committee Member 2005-2008

Australian Medical Students Association

International Branch Chairman 2002-2003

University

National Student Leadership Group, Parliament House, Canberra, 2001

Secondary School

John XXIII College

Prefect & Treasurer, Student Representative Council

6. PROFESSIONAL MEMBERSHIPS

- Hip Preservation Society (ISHA)
- Arthroscopy Association of North America (AANA)
- Australian Knee Society (AKS)
- International Society of Arthroscopy, Knee Surgery, Orthopaedic Sports Medicine (ISAKOS)
- Australian Orthopaedic Association (AOA)
- Royal Australasian College of Surgeons (RACS)
- Australian Medical Association (AMA)
- Medical Defence Association of Australia (MDA National)

7. INTERESTS

West Coast Amateur Football Club

- Life Member; Executive Committee Member
- Former Vice President, Secretary and Registrar
- Clubman of the Year
- Reserves Coach
- League Assistant Coach
- Runner Up Competition Best & Fairest Player Award

Other Interests

- All Football codes;
- CrossFit, Golf, Running
- Snowboarding, Skiing
- Medical Advocacy & Politics; Economics & Current Affairs
- Musical Theatre, Travel, Eating Well

8. REFEREES

Prof. Piers Yates

Professor of Orthopaedic Surgery, UWA
Orthopaedics WA
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Mr Peter Annear

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Mr Andy Williams

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Prof. Markus Kuster

Professor of Orthopaedic Surgery, UWA
Sir Charles Gairdner Hospital
Verdun St
NEDLANDS WA 6009
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Prof. David Wood

Professor of Orthopaedic Surgery, UWA
Perth Orthopaedic Institute
Gate 3, Verdun St
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Mr Omar Khorshid

Director, Australian Orthopaedic Association
Head of Department, Fremantle Hospital
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Assoc. Prof Michael Gilbert

Assistant Professor of Orthopaedic Surgery,
University of British Columbia
Joint Preservation Centre of British Columbia
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Prof. Richard Carey Smith

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Mr Jens-Ulrich Buelow

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