

# Dr Peter D'Alessandro

MBBS Hons. (UWA) FRACS FAOrthA  
Orthopaedic Surgeon

Shoulder & Knee Reconstruction  
Hip Arthroscopy, Surgery for Athletes



Coastal  
Orthopaedics

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## WELCOME TO COASTAL ORTHOPAEDICS

Your first appointment may take 20-30 minutes, and I'll do my best to run as close as possible to your allotted time. Please double check your appointment location: I consult at Bethesda Hospital in Claremont, Wexford Medical Centre at SJOG Murdoch; and service the South West at the Dunsborough Specialist Centre and the Wheatbelt community at Northam Hospital.

I would like to give you some important details on my practice below. Please don't hesitate to contact my personal assistant Bronwyn on 9230 6333 or [bronwyn@coastalorthopaedics.com.au](mailto:bronwyn@coastalorthopaedics.com.au) if you have questions at any time during your treatment. If she is unavailable one of our other staff will be able to help you.

## INTRODUCTION

I am an Orthopaedic Surgeon sub-specialised in Shoulder & Knee Reconstruction and Hip Arthroscopy. I am committed to our Public Health system and am a Consultant at Fiona Stanley and Fremantle Hospitals. After completing my Surgical Training in Western Australia I spent more than 2 years undertaking fellowships at three major international institutions in the UK and Canada. My experience working with elite athletes in Europe and North America has fostered a keen interest in joint preservation surgery. This includes Arthroscopic Rotator Cuff Repair and Shoulder Instability Surgery, ACL & Multi-Ligament Knee Reconstruction and Hip Arthroscopy. A significant proportion of my practice also involves Shoulder and Knee Joint Replacement for Arthritis.

## SURGICAL OUTCOMES & RESEARCH

I am passionate about achieving excellent results for my patients. A caring, professional approach to patient care combined with advanced surgical techniques is paramount. I also believe that monitoring of surgical results is critical, and all my patients are offered the opportunity to participate in a Global Surgical Outcomes Registry to which I am an invited surgeon. This involves an online questionnaire emailed to you intermittently. You will be asked to sign a consent form if you are happy to be involved. My research and teaching includes a role as Clinical Senior Lecturer in the School of Surgery at the University of Western Australia. I am also a founding director of the Orthopaedic Research Foundation of Western Australia. Through these positions I run a number of research projects; if you are an appropriate candidate for inclusion in one of our trials we will notify you.

## WHAT TO BRING TO YOUR APPOINTMENT

**Referral:** Please email/fax us your referral ([info@coastalorthopaedics.com.au](mailto:info@coastalorthopaedics.com.au) 9230 6332) prior to your appointment. If this isn't possible, bring it with you on the day if you have a hard copy.

**Cards:** Medicare, Pensioner, DVA & Private Health Fund Cards; Workers Comp. claim number

**Radiology:** Details of recent Scans including XRAY/MRI/Ultrasound/CT (usually accessible by me online)

**Clothing:** If your problem is **lower limb (hip, knee) please bring a pair of shorts** to your appointment

If you have an **upper limb issue (shoulder) a sleeveless top/singlet** would be ideal

## PATIENT REGISTRATION SHEET

It would be very helpful if you could fill in as much of the accompanying patient registration sheet as you can and email/fax it ([info@coastalorthopaedics.com.au](mailto:info@coastalorthopaedics.com.au) 9230 6332) along with your referral **PRIOR** to your appointment. If this isn't possible, please arrive 10 mins early to your appointment to fill in the required information.

## FURTHER INFORMATION

My website [www.drpeterdalessandro.com.au](http://www.drpeterdalessandro.com.au) contains further information about my practice, research and experience. It also contains useful educational material on your diagnosis, surgical procedure and rehabilitation.

No matter your level of activity; whether you want to return to high level sport or be free of pain to enjoy every day, I am dedicated to helping you achieve your goals and live life to the full.

I hope to be of assistance and look forward to meeting you soon.

