

# SPORTS KNEE AND SHOULDER



**COE21**

25–26 March 2021 | The Star Event Centre, Sydney, NSW

[aoa.org.au/events](https://aoa.org.au/events)

# WELCOME



The Sports Knee and Shoulder COE meeting scheduled for 25–26 March 2021 is aimed at the generalist but will also be of interest to the sub-specialist. The theme is 'Keeping It Simple' and the aim is to provide clinicians with the key factors in making management decisions for commonly encountered clinical scenarios.

The COE meeting will be entirely case-based with expert panels discussing a variety of cases to highlight key points in the decision making process.

At the conclusion of each topic there will be some summary slides, but the value will really be in hearing how experienced surgeons think.

Given the uncertainties surrounding COVID, the meeting will be a hybrid meeting. This will allow for both in-person attendance in Sydney as well as online attendance from any location. As far as possible, the panel members will be present in person. We are trying to make the online experience as close to an in-person experience as possible.



The meeting will run over two days with alternating knee and shoulder sessions. For the knee, the key topics will be patellofemoral instability, ACL tears, meniscal tears, PCL, MCL and osteochondritis dissecans. For the shoulder the key topics will be anterior and posterior instability, rotator cuff tears and acromioclavicular joint problems.

We encourage you to join us for what we hope will be an interesting and informative meeting.

**Julian Feller and Brendan Soo**  
COE Convenors

Register at [aoa.org.au/events/coe-meetings/coe-march-2021](https://aoa.org.au/events/coe-meetings/coe-march-2021)

# COE21

# PROGRAM

Thursday 25 March 2021

7.45am REGISTRATION

8.15am WELCOME AND ACKNOWLEDGE OF COUNTRY Julian Feller and Brendan Soo

## 8.30am–10.15am KNEE – Patellofemoral instability

**Moderator:** Julian Feller

Faculty: Lachlan Batty, Liza Arendt (USA), Sheanna Maine, Justin Wong, Quang Dao

| First time dislocation | Recurrent instability | Surgical technique | Bipartite patella |

10.15am–10.45am MORNING TEA

## 10.45am–12.45pm SHOULDER – Anterior GH instability

**Moderator:** Greg Hoy

Faculty: Glenn Boyce, Peter D'Alessandro, Matthew Evans, Khalid Mohammed (NZ), Marcus Chia, Sindy Vrancic

| First time dislocation | Failed Bankart repair | Glenoid bone loss | Humeral bone loss | Failed Latarjet |

12.45pm–1.30pm LUNCH

## 1.30pm–3.00pm KNEE – OCD, MCL, PCL

**Moderator:** David Parker

Faculty: Claire Bolton, Adrian Trivett, Brett Fritsch, Tim McMeniman, Peter Annear

| PCL acute | PCL chronic | MCL | Osteochondritis dissecans |

3.00pm–3.30pm AFTERNOON TEA

## 3.30pm–4.45pm SHOULDER – AC Joint

**Moderator:** Ben Cass

Faculty: Terence Moopanar, Alex Malone (NZ), Eugene Ek, Katherine Gordiev, Fraser Taylor

| Acute AC joint dislocation | Chronic AC joint dislocation | Surgical technique | AC joint arthritis |  
| Distal clavicular erosion in young patient |

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# COE21

# PROGRAM

Friday 26 March 2021

## 8.15am–10.15am SHOULDER – Rotator cuff

**Moderator:** Brendan Soo

Faculty: David Graham, Soong Chua, Allan Young, Sarah Coll, **Craig Ball (NZ)**, Travis Falconer

| Supraspinatus tears | Subscapularis tears | Partial tears | Massive tears | Irreparable tears |

## 10.15am–10.45am MORNING TEA

## 10.45am–12.45pm KNEE – ACL

**Moderator:** Brian Devitt

Faculty: Julia Kirby, Tim Whitehead, Tim Musgrove, David Broe, Chris Vertullo, **Al Getgood (CANADA)**

| Mx acute ACL | Associated MCL | Associated meniscal tears | Technique and rehab | LEAT |

## 12.45pm–1.30pm LUNCH

## 1.30pm–2.45pm SHOULDER – Posterior GH instability

**Moderator:** Richard Dallalana

Faculty: Feolene Luttgens-Wiemer, Shane Barwood, Harry Clitherow, Richard Jamieson, Wade Harper

| Diagnosis | Posterior labral repair | Posterior instability with humeral bone defect |  
| Posterior instability with glenoid bone defect | Posterior instability and MDI |

## 2.45pm–3.15pm AFTERNOON TEA

## 3.15pm–4.30pm KNEE – Meniscus

**Moderator:** Tony Ganko

Faculty: Peter Myers, Justin Roe, Jonathon Mulford, **Mark Clatworthy NZ**

| Isolated BHT/vert long | Degenerative MM tear | Root tears | Radial tears |

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# COE21



# AOA

AUSTRALIAN  
ORTHOPAEDIC  
ASSOCIATION

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