

30 October 2021

+ Shoulder Reconstruction from Rotator Cuff to Instability: Tips and Tricks to Improve Patient Outcomes

Preliminary Agenda

Dr. Peter D'Alessandro

Dr. Li-On Lam

Medical Education

Smith+Nephew



Course Description

Shoulder Reconstruction from Rotator Cuff to Instability: Tips and Tricks to Improve Patient Outcomes

This course will provide participants with the knowledge and skills to refine their shoulder repair procedures by implementing techniques in rotator cuff repair and shoulder stabilization. The course will focus on tips and tricks for technique, decision making and execution. This will include didactic sessions with case presentations and hands-on learning in a bio-skills laboratory under the supervision of highly experienced faculty.

Learning Objectives

By attending this course, participants will be able to:

- Choose the right technique for the right patient in shoulder instability surgery
- Learn about current trends and advanced technologies including Remplissage and Latarjet
- Identify all-arthroscopic repair options for cuff, SLAP, biceps tenodesis and subscapularis repair and new equipment/techniques that make this easier than ever
- Recognise ideal scenarios for single and double row repair and tendon release/margin convergence techniques
- Identify potential technical challenges, and display skills to overcome them

Participant Profile

- Surgeons who are interested in expanding their knowledge and options in shoulder repair
- Surgeons willing to develop skills in the arthroscopic approach of rotator cuff and instability repairs

Chairperson



Peter D'Alessandro
Orthopaedic Surgeon
Perth, Western Australia

Dr Peter D'Alessandro specialises in arthroscopic reconstructive surgery: ACL & multi-ligament knee reconstruction, shoulder stabilisation & all-arthroscopic cuff repair, hip arthroscopy & hamstring surgery with a particular interest in surgery for athletes. He trained in WA, followed by fellowships at Fortius Clinic in London and the University of British Columbia in Vancouver. Peter runs the Perth Sports Surgery Fellowship based at Fiona Stanley Fremantle Hospitals Group. Current research projects include an RCT assessing single vs dual tendon ACL reconstruction, rehabilitation after hamstring repair and the development of an evidence-based return to sport protocol after shoulder instability surgery. He has an academic position at UWA and is a Director of the Orthopaedic Research Foundation of Western Australia.

Faculty



Li-On Lam
Orthopaedic Surgeon
Perth, Western Australia

Mr Li-On Lam is an orthopaedic surgeon with a sub-specialist interest in shoulder, knee and hip surgery. He treats patients at St John of God Murdoch Hospital.

Mr Lam completed his medical degree at the University of Western Australia, and underwent training as an orthopaedic surgeon under the West Australian training scheme. He obtained further training and experience by completing fellowships in shoulder, knee and hip surgery including joint replacement surgery as well as the arthroscopic treatment of knee and shoulder conditions. He also had further fellowship training in general orthopaedic trauma.

Mr Lam has a keen interest in teaching and training and participates in the education of orthopaedic trainees. He serves on the state training committee as the convenor of 'bone school' – the formal tutorial programme for trainees and was involved in the development and implementation of the new curriculum to train the surgeons of the future.

Course Agenda

Shoulder Reconstruction from Rotator Cuff to Instability: Tips and Tricks to Improve Patient Outcomes

Time	Session	Speaker
	Instability Repair	
745-8:00	Registration + Coffee	
8:00-8:05	Welcome and Event Overview	Peter D'Alessandro
8:05– 8:15	Arthroscopic Stabilisation +/- Remplissage: Why, When and How	Peter D'Alessandro
8:15 – 8:25	Latarjet: When I use it and how to make easy	Li-On Lam
8:25-8:35	Case Discussion	Peter D'Alessandro & Li-On Lam
8:35-8:45	Q+A	Moderated by Peter D'Alessandro
845– 9:00	Coffee-Break	
9:00– 10:30	Lab session 1 – Instability Repair	
	Rotator Cuff Repair	
10:30 – 10:40	Rotator Cuff Tears: When do I repair?	Li-On Lam
10: 40 – 10:50	Rotator Cuff: Tips & Tricks for All-Arthroscopic Supra and Subscap Repair	Peter D'Alessandro
10:50-11:00	Case Discussion	Peter D'Alessandro & Li-On Lam
11:10 - 11:20	Q+A	Moderated by Peter D'Alessandro
11: 20 - 1300	Lab session 2 – Rotator Cuff Repair	
13:00 – 13:30	Lunch and closing	

Products and Technologies



SPEEDLOCK
Knotless Suture Anchor -
Shoulder



HEALICOIL Suture
Anchor



FIRSTPASS ST Suture
Passer



Q-FIX
All-suture Anchor

Notes

Notes

Course Venue

Clinical Training and Evaluation Centre
35 Stirling Hwy, Crawley WA 6009

Coordination and Registration

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