

# Dr Peter D'Alessandro

MBBS Hons. (UWA) FRACS FAOrthA

## Orthopaedic Surgeon

Knee & Shoulder Reconstruction

Hip Arthroscopy, Surgery for Athletes

- Family:** Married to Natasha Harris  
Daughter Sienna (born December 2011)  
Son Joshua (born November 2013)
- Citizenship:** Australian  
Italian
- Undergraduate Degree:** Bachelor of Medicine, Bachelor of Surgery (with Honours)  
University of Western Australia
- Post Graduate Qualifications:** Fellow of the Royal Australasian College of Surgeons  
Fellow of the Australian Orthopaedic Association
- Registration:** Medical Board of Australia: MED0001543191  
-General Registration  
-Specialist Registration (Orthopaedic Surgery)  
College of Physicians & Surgeons of British Columbia  
General Medical Council United Kingdom
- Languages:** English, Italian, French
- Interest Areas:** Knee & Shoulder Reconstruction  
Hip Arthroscopy  
Trauma  
Surgery for Athletes  
Academic Surgery & Teaching

# 1. ORTHOPAEDIC SURGERY

## 1.1 CONSULTANT ORTHOPAEDIC SURGEON: Western Australia

### **Fiona Stanley & Fremantle Hospitals Group,**

Knee & Shoulder Reconstruction

Hip Arthroscopy

Trauma Surgeon: on site/on call

Department Supervisor of Junior Medical Staff responsible education and welfare

### **Coastal Orthopaedic Group**

**Bethesda Hospital, Claremont**

**St John of God Hospital, Murdoch**

ACL & Multi-Ligament Knee Reconstruction

Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery

Knee & Shoulder Joint Replacement

Hip Arthroscopy, Surgery for Athletes

## 1.2 INTERNATIONAL SUB-SPECIALTY FELLOWSHIPS

### **Chelsea Complex Knee Fellowship**

Mr Andy Williams and Mr Jonathon Lavelle,

Chelsea and Westminster NHS Trust & Fortius Clinic; London, United Kingdom

Complex Arthroscopic Knee Reconstruction

Knee Joint Replacement; Multi-ligament Surgery, Osteotomy

Tertiary referral of Complex Knee Trauma; General Trauma

Management of Elite Athletes

### **UBC Sports Surgery & Joint Preservation Fellowship**

University of British Columbia Hospital; Vancouver, Canada

Dr Bill Regan, Dr Jordan Leith, Dr Mike Gilbert, Dr Patrick Chin, Dr Simon Horlick

Hip Arthroscopy: Primary & Revision

Shoulder Joint Replacement;

Arthroscopic Reconstructive Surgery;

### **Calvert Shoulder Fellowship**

Hospital of St John & St Elizabeth; London, United Kingdom

Mr Andrew Wallace

Arthroscopic Reconstructive Surgery

Shoulder Joint Replacement

Management of Elite Athletes

### **Trauma Fellowship**

Royal Free London NHS Foundation Trust; London, United Kingdom

Mr Philip Ahrens

Complex Upper Limb Trauma

General Trauma

## 1.3 SURGICAL VISITATIONS

### **Knee Surgery**

Dr Steve McDonald; Knee Joint Replacement; *London, Ontario, Canada*

Mr Jonathon Webb; Patellofemoral Joint Replacement; *London, UK*

Dr Cornelius van Loon; Ligament Reconstruction; *Arnhem, The Netherlands*

Dr Bas Masri; Knee Joint Replacement; *Vancouver, Canada*

### **Hip Arthroscopy**

Dr Shane Ngo; Labral/Capsule Repair; *Rush University Medical Center, Chicago, USA*

Dr Pieter Druyts; Labral Repair/FAI; *Tilburg, The Netherlands*

Mr Ali Bajwa & Mr Richard Villar; FAI/Chondral Salvage; *Cambridge, UK*

Dr Enrico de Visser; Labral Repair/FAI; *Arnhem, The Netherlands*

### **Shoulder Surgery**

Dr Alex Castagna; Reverse Shoulder Replacement; *Milan, Italy*

Dr Piero Budassi; Shoulder Reconstruction; *Cremona, Italy*

Dr Peter Poon; Reverse Shoulder Joint Replacement; *Auckland, New Zealand*

Dr Kurt Bormann; Complex Shoulder Joint Replacement; *St Louis, Missouri, USA*

Dr Anders Ekelund; Reverse Shoulder Joint Replacement; *Stockholm, Sweden*

Dr Henk van der Hoeven; Complex Arthroscopy; *Naarden, The Netherlands*

Mr Andrew Sankey; Revision Shoulder Joint Replacement; *London, UK*

Dr Patrick Smith; Arthroscopic Shoulder Reconstruction; *Columbia, Missouri, USA*

Drs Bob Litchfield/Darren Drosdowech; Shoulder Joint Replacement; *Ontario, Canada*

Dr Duncan MacKinlay; Shoulder Joint Replacement; *Sarnia, Ontario, Canada*

## 1.4 LEADERSHIP POSITIONS

**University of Western Australia Faculty of Medicine and Dentistry**

### **Clinical Senior Lecturer**

Interview Panelist; for Prospective Students

Mentor; Personal and Professional Development Unit

Examiner; 4<sup>th</sup> Year Medical Students; Tutor; Orthopaedic and Musculoskeletal Medicine

### **Australian Orthopaedic Association (WA Branch)**

State Executive

Younger Fellows' Representative (2018-)

### **Australian Orthopaedic Association (Federal)**

Research Committee Member; WA Representative (2018-)

### **West Australian Orthopaedic Service Registrar Committee**

Committee Member

## 2. RESEARCH

### 2.1 DIRECTOR

Perth Sports Surgery & Reconstructive Arthroscopy Fellowship

Orthopaedic Research Foundation of Western Australia

## 2.2 REVIEWER

Journal of Knee Surgery (Impact Factor: 1.50)  
Journal of Sports Science (Impact Factor: 2.095)

## 2.3 CURRENT RESEARCH PROJECTS

- Return to Sport after Shoulder Instability Surgery (Jay Ebert, Peter D'Alessandro)
- Management of Posterior Cruciate Ligament Injuries in the Australian Football League (Rhys Daniel, Peter D'Alessandro)
- A Study Investigating the surgical and radiological incidence of Meniscocapsular Ramp Lesions in patients undergoing ACL Reconstruction (Matt Greenway, Ed Waters, Anton Le Roux, Jay Ebert, Piers Yaters, Peter D'Alessandro)
- A Prospective Study Investigating Patient Outcomes following Surgical Reconstruction for Multi-Ligament Knee Injuries (Rob Evans, Bertram Rieger Jay Ebert, Peter D'Alessandro)
- A Prospective Study Investigating Patient Outcomes Following Conservative Therapy and/or Hip Arthroscopic Surgery for Non-Arthritic Hip Pain (Jay Ebert, Peter D'Alessandro)
- Functional Outcomes after Surgical Repair of Musculotendinous Junction Tears of the Pectoralis Major (David Graham, Nick Wambeek, Jay Ebert, Peter D'Alessandro)
- 10 Year Outcomes of the Bicompartamental Knee Arthroplasty (Jen Woodhouse, Peter D'Alessandro, David Wood)

## 2.4 PUBLICATIONS

Lambers A, Rieger B, Kop A, D'Alessandro P, Yates P (2019). Implant Fracture Analysis of the TFNa Proximal Femoral Nail. *Journal of Bone & Joint Surgery* 101:804-11

D'Alessandro P, Wallace A (2019-in press). 'Glenohumeral Arthritis in Athletes', in Funk, L. (Ed.) *Sports Injuries of the Shoulder*. London: Springer.

Ebert J, Webster K, Edwards P, Joss B, D'Alessandro P, Janes G, Annear P (2019). Current perspectives of Australian therapists on rehabilitation and return to sport after anterior cruciate ligament reconstruction: A survey. *Physical Therapy in Sport* 35: 139-145

Salim X, D'Alessandro P, Little J, Mudhar K, Murray K, Carey-Smith R, Yates P (2018) A novel scoring system to guide prognosis in patients with pathological fractures; *Journal of Orthopaedic Surgery and Research* 13: 228-236

Waters G, D'Alessandro P, McGrath B, Leith J (2018) A unique case of Latissimus Dorsi tendon avulsion injury in an athlete cycling anabolic steroids and successful repair using an intra-cortical button technique; *Annals of Sports Medicine & Research* 5(1):1127-1130

Hill T, D'Alessandro P, Murray K, Yates P (2015).  
Prognostic factors following pathological fractures. *ANZ Jour. of Surgery.* 85:159-163

D'Alessandro P, Wake G, Annear P (2013).  
Hamstring pain and muscle strains after ACL reconstruction. A prospective randomized trial comparing graft harvest techniques. *Journal of Knee Surgery.* 26: 139-144.

D'Alessandro P, Carey-Smith R, Wood D (2011).  
Large resection and reconstruction of primary parietal thoracic sarcoma: A multidisciplinary approach on 11 patients at minimum 2 years follow up. *Orthopaedics and Traumatology; Surgery and Research.* 97: 73-78.

D'Alessandro P, Carey-Smith R, Wood D (2011).  
Résection large suivie de reconstruction des sarcomes primitifs de la paroi thoracique: une prise en charge multidisciplinaire de 11 patients avec un suivi minimum de deux ans. *Revue de Chirurgie Orthopédique et Traumatologique.* 97(1): Feb: 77-78.

D'Alessandro P, Wood D, Prosser G, Carey-Smith R, Nivbrant B, Lloyd D (2010).  
Early results of the 2/3 Knee Arthroplasty. *Journal of Bone and Joint Surgery (Br).* 92-B (Supp\_1): 192

Stevenson M, D'Alessandro P, Bourke J, Legge M (2003).  
A cohort study of drink driving motor vehicle crashes and alcohol related diseases. *Australia and New Zealand Journal of Public Health.* 27(3): 328-332

## 2.4 INVITED LECTURES & FACULTY POSITIONS

*2019*

- *Royal North Shore Advanced Shoulder Techniques 2019; Sydney, Australia*  
Return to Sport after Shoulder Instability Surgery

*2018*

- *Research to Practice; Exercise & Sports Science Australia 2018; Brisbane, Australia;*  
Return to Sport after ACL Reconstruction; The Surgeons' Perspective
- *Royal North Shore Advanced Shoulder Techniques 2018; Sydney, Australia*  
Remplissage in Instability Surgery; Techniques & Outcomes
- *Shoulder Arthroscopy Masterclass; National University Hospital; Singapore*  
Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery
- *Advanced Multi-Ligament Instructional Course; CTEC; University of WA*  
Posterolateral and Posteromedial Corner Reconstruction
- *Knee Arthroscopy Instructional Course; CTEC; University of Western Australia*  
ACL Reconstruction & Meniscal Repair

2017

- *Shoulder Arthroscopy Masterclass; National University Hospital; Singapore*  
Arthroscopic Rotator Cuff Repair & Shoulder Instability Surgery
- *Hip Preservation Symposium 2017; Shanghai University; Shanghai, China*  
Hip Arthroscopy Outcomes
- *Knee Injury Rehabilitation Symposium ; WA Institute of Sport; Perth, Australia*  
ACL Reconstruction for Athletes

## 2.5

### PRESENTATIONS

- *Australian Orthopaedic Association 2018; Dunsborough, Australia; Medial Meniscal RAMP Lesions: A clinical and radiological assessment*
- *Australian Orthopaedic Association 2017; Fremantle, Australia*  
Hip arthroscopy outcomes: review of 150 cases
- *Australian Orthopaedic Association 2016; Dunsborough, Australia*  
My Experience with Hip Arthroscopy
- *Australian Orthopaedic Association 2016; Dunsborough, Australia*  
The Role of Lateral Tenodesis in ACL Reconstruction
- *British Columbia Orthopaedic Association 2016; Vancouver, Canada*  
A Novel Scoring System to Guide Management after Pathological Fractures
- *Asia Pacific Knee Surgery & Sports Medicine Society 2016; Hong Kong, China*  
Outcome of Latarjet Procedure using a congruent arc technique assessed with CT
- *University of British Columbia Orthopaedic Review 2016; Vancouver, Canada*  
Meniscus Tears, Ligament Injuries, Arthritis & the 'New' Ligament
- *Chelsea & Westminster Research Symposium 2014; London, UK*  
Prognosis after Pathological Fractures
- *Australian Orthopaedic Association 2011; Dunsborough, Australia*  
Bicompartmental vs Total Knee Arthroplasty at 2 Years
- *Australian Orthopaedic Association 2010; Perth, Australia*  
The Bicompartmental Knee Arthroplasty: 2 Year Results
- *Australian Orthopaedic Association ASM 2008; Hobart, Australia*  
Early Results of the Bicompartmental Knee Arthroplasty
- *Australian Sarcoma Group ASM 2008; Melbourne, Australia*  
Primary Chest Wall Tumour Resection and Reconstruction-
- *Australian Orthopaedic Association ASM 2005; Perth, Australia*  
Hamstring pain and muscle strains following ACL reconstruction: A prospective, randomised study comparing graft harvest technique

## 2.6

### POSTERS

- *International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) 2015; Lyon, France*  
Hamstring pain and muscle strains after ACL Reconstruction at 2 years
- *Australian Orthopaedic Association ASM 2010; Adelaide, Australia*  
Bicompartmental Knee Replacement, 2-Year Results

- *European Federation of National Associations of Orthopaedics Traumatology (EFFORT) 2008; Nice, France*  
Primary Chest Wall Tumour Resection and Reconstruction at 5 years
- *International Cartilage Research Symposium (ICRS) 2006; San Diego, USA*  
Matrix-Induced Autologous Chondrocyte Implantation (MACI) for the treatment of Osteochondritis Dissecans (OCD) lesions of the knee

### 3. PROFESSIONAL DEVELOPMENT CONTINUING MEDICAL EDUCATION

2018

- Knee Cartilage & Meniscus Expert Consensus Symposium;  
*Munich, Germany ;*
- Australian Knee Society  
*Noosa, Qld, Australia*
- Australian Orthopaedic Association (WA) ASM  
*Dunborough, Western Australia*
- Hip Preservation Society Annual Scientific Meeting  
*Melbourne, Australia*

2017

- International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine  
*Shanghai, China*
- Combined Orthopaedic Knee Societies  
*Noosa, Qld, Australia*
- Australian Orthopaedic Association (WA) ASM  
*Fremantle, Western Australia*
- Multi-Ligament Knee Reconstruction Cadaveric Course  
*Royal Australasian College of Surgeons, Melbourne, Australia*
- Australian Orthopaedic Association Young Leaders' Forum  
*Sydney, NSW, Australia*

2016

- Vail Hip Arthroscopy Symposium and Cadaveric Course  
*Steadman Phillipon Research Institute, Vail, Colorado, USA*
- Lima Anatomical and Reverse Shoulder Replacement  
*University of St Louis, Missouri, USA*
- Sports Arthroscopy & Shoulder Replacement Cadaveric Course  
*Arthrex Lab, Naples, Florida, USA*
- Complex Shoulder Joint Replacement Cadaveric Course  
*Macquarie University, Sydney, NSW, Australia*

2015

- AO Trauma Masters Current Concepts Cadaveric Course  
*Pointe Squaw, Phoenix, Arizona, USA*

- Therapeutic Hip Arthroscopy Cadaveric Course  
*Villar School of Hip Arthroscopy, York, UK*
- Ligament Balancing Knee Arthroplasty Cadaveric Course,  
*Ecole de Chirurgie, Paris, France*
- Reverse Shoulder Arthroplasty Masters Course  
*Gelenkchirurgie Orthopadie, Hannover, Germany*

## 2014

- Knee and Shoulder Arthroscopy Cadaveric Course  
*Arthrolab, Munich, Germany*
- Advanced Knee Arthroscopy Cadaveric Course  
*York, UK*
- Key Questions in Knee Surgery Symposium  
*Oxford University, UK*
- Advanced Knee Osteotomy Masterclass  
*Basingstoke, United Kingdom*
- 12<sup>th</sup> Wexham Park Cruciate Ligament Meeting  
*Slough, United Kingdom*
- Revision Arthroplasty Masterclass  
*New York City, USA*

## 2013

- Australian Orthopaedic Association (WA) ASM  
*Perth, Western Australia*
- Limb Reconstruction Society of Western Australia Clinical Symposium  
*Fremantle, Western Australia*
- Orthopaedic Fellowship Pre-Examination Course  
*Brisbane, Australia*

## 2012

- AO Trauma; Advances in Operative Fracture Management  
*Davos, Switzerland*
- Australian Paediatric Orthopaedic Society Instructional Course  
*Noosa, Australia*

## 2011

- Sports Knee Surgery, Warwick Orthopaedics  
*University of Warwick; Coventry, UK*
- Australian Orthopaedic Association (WA) ASM  
*Dunborough, Australia*
- Fluoroscopy Safety in Medicine Course and Accreditation  
*Royal Perth Hospital, Australia*



2010

- Australian Orthopaedic Association (WA) ASM  
*Perth, Australia*
- Advanced Trauma Bioskills Course  
*Zimmer Institute, Sydney, Australia*
- Upper Limb Trauma Cadaver Course  
*Synthes Education, Clinical Training Education Centre, Perth, Australia*
- Orthopaedic Biomechanics Course, Zimmer Institute,  
*Sydney, Australia*
- Hip Arthroplasty Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*
- Knee Approaches and Arthroscopy Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*

2009

- Early Management of Severe Trauma (EMST)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Care of the Critically Ill Surgical Patient (CCRISP)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Advanced Surgical Skills and Training (ASSET)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Advanced Trauma Cadaveric Masterclass  
*Zimmer Institute, Melbourne, Australia*

2008

- AO Principles of Fracture Management  
*Christchurch, New Zealand*
- Australian Orthopaedic Association ASM  
*Hobart, Australia*
- Australian Sarcoma Group ASM  
*Melbourne, Australia*
- European Federation of National Associations of Orthopaedics and Traumatology (EFORT)  
*Nice, France*
- Knee Arthroplasty and Navigation Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*

2005

- Australian Orthopaedic Association ASM  
*Perth, Australia*

## **4. EDUCATION, TRAINING PRIZES & AWARDS**

### **4.1 POSTGRADUATE**

#### **Qualifications**

Fellow of Royal Australasian College of Surgeons (FRACS)  
Fellow of the Australian Orthopaedic Association (FAOrthA)

**Prizes**

Royal Australasian College of Surgeons Congress Prize (2012)

**Examinations and Training**

Surgical Education & Training (SET) in Orthopaedic Surgery (2009-2013)

Basic Surgical Training (2007-2008)

Orthopaedic Fellowship Examination; Written & Clinical; (May 2013)

Orthopaedic Principles & Basic Sciences (OPBS); (2010)

Generic Surgical Sciences: Written & Clinical; (2008)

**4.2**

**TERTIARY**

**Undergraduate Degree**

University of Western Australia

Bachelor of Medicine, Bachelor of Surgery (with Honours)

**Prizes**

Medical School Class Valedictorian

Alan Charters Prize

**4.3**

**SECONDARY**

**Certificate of Education**

John XXIII College

Tertiary Entrance Rank: 99.9

Ranked 18 overall in Western Australia

**Awards**

Australian Student's Prize

General Exhibition

Subject Exhibition in Italian

Certificates of Distinction in Economics & Chemistry

**5. COMMUNITY SERVICE**

**Charitable Activities**

Salvation Army Red Shield Appeal

Act of Mercy Mission; Meru, Kenya

Organizing and fundraising committee member

Lions Club of Australia

Youth of the Year 1997

Winner, Perth District

### **Western Australian Amateur Football League**

Board Member 2011-2014

Chairman; Competition Integrity Subcommittee

Lead Author; Australian Football Concussion Policy Initiative

Former Competition Integrity Commissioner

### **Australian Medical Association**

Doctors in Training Committee Member 2005-2008

### **Australian Medical Students Association**

International Branch Chairman 2002-2003

### **University**

National Student Leadership Group, Parliament House, Canberra, 2001

### **Secondary School**

John XXIII College

Prefect & Treasurer, Student Representative Council

## **6. PROFESSIONAL MEMBERSHIPS**

- Hip Preservation Society (ISHA)
- Arthroscopy Association of North America (AANA)
- Australian Knee Society (AKS)
- International Society of Arthroscopy, Knee Surgery, Orthopaedic Sports Medicine (ISAKOS)
- Australian Orthopaedic Association (AOA)
- Royal Australasian College of Surgeons (RACS)
- Australian Medical Association (AMA)
- Medical Defence Association of Australia (MDA National)

## **7. INTERESTS**

### **West Coast Amateur Football Club**

- Life Member; Executive Committee Member
- Former Vice President, Secretary and Registrar
- Clubman of the Year
- Reserves Coach
- League Assistant Coach
- Runner Up Competition Best & Fairest Player Award

### **Other Interests**

- All Football codes;
- CrossFit, Golf, Running
- Snowboarding, Skiing
- Medical Advocacy & Politics; Economics & Current Affairs
- Musical Theatre, Travel, Eating Well

## 8. REFEREES

**Prof. Piers Yates**

*Professor of Orthopaedic Surgery, UWA*  
Orthopaedics WA  
Suite 15, 3 Barry Marshall Pde  
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**Mr Peter Annear**

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**Prof. Markus Kuster**

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**Prof. David Wood**

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**Mr Omar Khorshid**

*Director, Australian Orthopaedic Association*  
*Head of Department, Fremantle Hospital*  
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**Assoc. Prof Michael Gilbert**

*Assistant Professor of Orthopaedic Surgery,*  
*University of British Columbia*  
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**Mr Andrew Wallace**

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**Prof. Richard Carey Smith**

*Professor of Orthopaedic Surgery, UWA*  
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