

# Dr Peter D'Alessandro

MBBS Hons. (UWA) FRACS FAOrthA

## Orthopaedic Surgeon

Shoulder & Knee Reconstruction

Hip Arthroscopy, Surgery for Athletes

- Family:** Married to Natasha Harris  
Daughter Sienna (born December 2011)  
Son Joshua (born November 2013)
- Citizenship:** Australian  
Italian
- Undergraduate Degree:** Bachelor of Medicine, Bachelor of Surgery (with Honours)  
University of Western Australia
- Post Graduate Qualifications:** Fellow of the Royal Australasian College of Surgeons  
Fellow of the Australian Orthopaedic Association
- Registration:** Medical Board of Australia: MED0001543191  
-General Registration  
-Specialist Registration (Orthopaedic Surgery)  
College of Physicians & Surgeons of British Columbia  
General Medical Council United Kingdom
- Languages:** English, Italian, French
- Interest Areas:** Shoulder and Knee Reconstruction  
Hip Arthroscopy  
Trauma  
Surgery for Athletes  
Academic Surgery & Teaching

# 1. ORTHOPAEDIC EXPERIENCE

## 1.1 INTERNATIONAL SUB-SPECIALTY FELLOWSHIPS

### **UBC Hip Arthroscopy & Joint Preservation Fellowship**

University of British Columbia Hospital; Vancouver, Canada

Dr Bill Regan, Dr Jordan Leith, Dr Mike Gilbert, Dr Patrick Chin, Dr Simon Horlick

Hip Arthroscopy: Primary & Revision

Shoulder Joint Replacement;

Arthroscopic Reconstructive Surgery;

### **Calvert Shoulder Fellowship**

Hospital of St John & St Elizabeth; London, United Kingdom

Mr Andrew Wallace

Arthroscopic Reconstructive Surgery

Shoulder Joint Replacement

Management of Elite Athletes

### **Trauma Fellowship**

Royal Free London NHS Foundation Trust; London, United Kingdom

Mr Philip Ahrens

Complex Upper Limb Trauma

General Trauma

### **Chelsea Complex Knee Fellowship**

Mr Andy Williams and Mr Jonathon Lavelle,

Chelsea and Westminster NHS Trust & Fortius Clinic; London, United Kingdom

Complex Arthroscopic Knee Reconstruction

Knee Joint Replacement

Multi-ligament Surgery, Osteotomy

Tertiary referral of Complex Knee Trauma; General Trauma

Management of Elite Athletes

## 1.2 SURGICAL VISITATIONS

### **Knee Surgery**

Dr Steve McDonald; Knee Joint Replacement; *London, Ontario, Canada*

Mr Jonathon Webb; Patellofemoral Joint Replacement; *London, UK*

Dr Cornelius van Loon; Ligament Reconstruction; *Arnhem, The Netherlands*

Dr Bas Masri; Knee Joint Replacement; *Vancouver, Canada*

### **Hip Arthroscopy**

Dr Shane Ngo; Labral/Capsule Repair; *Rush University Medical Center, Chicago, USA*

Dr Pieter Druyts; Labral Repair/FAI; *Tilburg, The Netherlands*

Mr Ali Bajwa & Mr Richard Villar; FAI/Chondral Salvage; *Cambridge, UK*

Dr Enrico de Visser; Labral Repair/FAI; *Arnhem, The Netherlands*

### **Shoulder Surgery**

Dr Kurt Bormann; Complex Shoulder Joint Replacement; *St Louis, Missouri, USA*

Dr Anders Ekelund; Reverse Shoulder Joint Replacement; *Stockholm, Sweden*

Dr Henk van der Hoeven; Complex Arthroscopy; *Naarden, The Netherlands*

Mr Andrew Sankey; Revision Shoulder Joint Replacement; *London, UK*

Dr Patrick Smith; Arthroscopic Shoulder Reconstruction; *Columbia, Missouri, USA*

Drs Bob Litchfield/Darren Drosdowech; Shoulder Joint Replacement; *Ontario, Canada*

Dr Duncan MacKinlay; Shoulder Joint Replacement; *Sarnia, Ontario, Canada*

## **1.3 CONSULTANT ORTHOPAEDIC SURGEON: Western Australia**

### **Fiona Stanley Hospital, Fremantle and Rockingham General Hospitals**

Consultant Orthopaedic Surgeon

Shoulder & Knee Reconstruction

Hip Arthroscopy

On call Trauma Surgeon

### **Fremantle Hospital and Health Service, Rockingham General Hospital**

Locum Consultant Orthopaedic Surgeon

Knee and Shoulder Arthroscopy and Joint Replacement

On call Trauma Surgeon

Department Supervisor of Junior Medical Staff responsible for clinical duties, education and welfare

## **1.4 UNIVERSITY POSITIONS**

### **University of Western Australia** *Faculty of Medicine and Dentistry*

Clinical Senior Lecturer

Interview Panelist; for Prospective Students

Mentor; Personal and Professional Development Unit

Examiner; 4<sup>th</sup> Year Medical Students

Tutor; Orthopaedic and Musculoskeletal Medicine

### **University of British Columbia** *Department of Orthopaedics*

Faculty Member; Division of Arthroscopy, Reconstructive Surgery & Joint Preservation

Examiner; Orthopaedic Resident Training Program

## **2. RESEARCH**

### **2.1 REVIEWER**

Journal of Sports Science (Impact Factor: 2.095)

## 2.2

### PUBLICATIONS

D'Alessandro P, Wallace A (in press 2016); Glenohumeral arthritis in athletes; Complex Shoulder Surgery; Book Chapter, In Press; Edited by Prof. Lennard Funk

Hill T, D'Alessandro P, Murray K, Yates P (2015).  
Prognostic factors following pathological fractures. ANZ Jour. of Surgery. 85:159-163

D'Alessandro P, Wake G, Annear P (2013).  
Hamstring pain and muscle strains after ACL reconstruction. A prospective randomized trial comparing graft harvest techniques. Journal of Knee Surgery. 26: 139-144.

D'Alessandro P, Carey-Smith R, Wood D (2011).  
Large resection and reconstruction of primary parietal thoracic sarcoma: A multidisciplinary approach on 11 patients at minimum 2 years follow up. Orthopaedics and Traumatology; Surgery and Research. 97: 73-78.

D'Alessandro P, Carey-Smith R, Wood D (2011).  
Résection large suivie de reconstruction des sarcomes primitifs de la paroi thoracique: une prise en charge multidisciplinaire de 11 patients avec un suivi minimum de deux ans. Revue de Chirurgie Orthopédique et Traumatologique. 97(1): Feb: 77-78.

D'Alessandro P, Wood D, Prosser G, Carey-Smith R, Nivbrant B, Lloyd D (2010).  
Early results of the 2/3 Knee Arthroplasty. Journal of Bone and Joint Surgery (Br). 92-B (Supp\_1): 192

Stevenson M, D'Alessandro P, Bourke J, Legge M (2003).  
A cohort study of drink driving motor vehicle crashes and alcohol related diseases. Australia and New Zealand Journal of Public Health. 27(3): 328-332

## 2.3

### PRESENTATIONS

- *British Columbia Orthopaedic Association 2016; Vancouver, Canada*  
A Novel Scoring System to Guide Management after Pathological Fractures
- *Asia Pacific Knee Surgery & Sports Medicine Society 2016; Hong Kong, China*  
Outcome of Latarjet Procedure using a congruent arc technique assessed with CT
- *University of British Columbia Orthopaedic Review 2016; Vancouver, Canada*  
Meniscus Tears, Ligament Injuries, Arthritis & the 'New' Ligament
- *Chelsea & Westminster Research Symposium 2014; London, UK*  
Prognosis after Pathological Fractures
- *Australian Orthopaedic Association 2011; Dunsborough, Australia*  
Bicompartmental vs Total Knee Arthroplasty at 2 Years
- *Australian Orthopaedic Association 2010; Perth, Australia*  
The Bicompartmental Knee Arthroplasty: 2 Year Results
- *Australian Orthopaedic Association ASM 2008; Hobart, Australia*  
Early Results of the Bicompartmental Knee Arthroplasty
- *Australian Sarcoma Group ASM 2008; Melbourne, Australia*  
Primary Chest Wall Tumour Resection and Reconstruction-

- Australian Orthopaedic Association ASM 2005; Perth, Australia  
Hamstring pain and muscle strains following ACL reconstruction: A prospective, randomised study comparing graft harvest technique

## 2.4 POSTERS

- *International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) 2015; Lyon, France*  
Hamstring pain and muscle strains after ACL Reconstruction at 2 years
- *Australian Orthopaedic Association ASM 2010; Adelaide, Australia*  
Bicompartmental Knee Replacement, 2-Year Results
- *European Federation of National Associations of Orthopaedics Traumatology (EFFORT) 2008; Nice, France*  
Primary Chest Wall Tumour Resection and Reconstruction at 5 years
- *International Cartilage Research Symposium (ICRS) 2006; San Diego, USA*  
Matrix-Induced Autologous Chondrocyte Implantation (MACI) for the treatment of Osteochondritis Dissecans (OCD) lesions of the knee

## 3. PROFESSIONAL DEVELOPMENT CONTINUING MEDICAL EDUCATION

### 2016

- Vail Hip Arthroscopy Symposium and Cadaveric Course  
*Steadman Phillipon Research Institute, Vail, Colorado, USA*
- Lima Anatomical and Reverse Shoulder Replacement  
*University of St Louis, Missouri, USA*
- Sports Arthroscopy & Shoulder Replacement Cadaveric Course  
*Arthrex Lab, Naples, Florida, USA*

### 2015

- AO Trauma Masters Current Concepts Cadaveric Course  
*Pointe Squaw, Phoenix, Arizona, USA*
- Therapeutic Hip Arthroscopy Cadaveric Course  
*Villar School of Hip Arthroscopy, York, UK*
- Ligament Balancing Knee Arthroplasty Cadaveric Course,  
*Ecole de Chirurgie, Paris, France*
- Reverse Shoulder Arthroplasty Masters Course  
*Gelenkchirurgie Orthopadie, Hannover, Germany*

### 2014

- Knee and Shoulder Arthroscopy Cadaveric Course  
*Arthrolab, Munich, Germany*
- Advanced Knee Arthroscopy Cadaveric Course  
*York, UK*
- Key Questions in Knee Surgery Symposium  
*Oxford University, UK*

- Advanced Knee Osteotomy Masterclass  
*Basingstoke, United Kingdom*
- 12<sup>th</sup> Wexham Park Cruciate Ligament Meeting  
*Slough, United Kingdom*
- Revision Arthroplasty Masterclass  
*New York City, USA*

## 2013

- Australian Orthopaedic Association (WA) ASM  
*Perth, Western Australia*
- Limb Reconstruction Society of Western Australia Clinical Symposium  
*Fremantle, Western Australia*
- Orthopaedic Fellowship Pre-Examination Course  
*Brisbane, Australia*

## 2012

- AO Trauma; Advances in Operative Fracture Management  
*Davos, Switzerland*
- Australian Paediatric Orthopaedic Society Instructional Course  
*Noosa, Australia*

## 2011

- Sports Knee Surgery, Warwick Orthopaedics  
*University of Warwick; Coventry, UK*
- Australian Orthopaedic Association (WA) ASM  
*Dunsborough, Australia*
- Fluoroscopy Safety in Medicine Course and Accreditation  
*Royal Perth Hospital, Australia*

## 2010

- Australian Orthopaedic Association (WA) ASM  
*Perth, Australia*
- Advanced Trauma Bioskills Course  
*Zimmer Institute, Sydney, Australia*
- Upper Limb Trauma Cadaver Course  
*Synthes Education, Clinical Training Education Centre, Perth, Australia*
- Orthopaedic Biomechanics Course, Zimmer Institute,  
*Sydney, Australia*
- Hip Arthroplasty Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*
- Knee Approaches and Arthroscopy Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*

## 2009

- Early Management of Severe Trauma (EMST)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Care of the Critically Ill Surgical Patient (CCRISP)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Advanced Surgical Skills and Training (ASSET)  
*Royal Australasian College of Surgeons, Perth, Australia*
- Advanced Trauma Cadaveric Masterclass  
*Zimmer Institute, Melbourne, Australia*

2008

- AO Principles of Fracture Management  
*Christchurch, New Zealand*
- Australian Orthopaedic Association ASM  
*Hobart, Australia*
- Australian Sarcoma Group ASM  
*Melbourne, Australia*
- European Federation of National Associations of Orthopaedics and Traumatology (EFORT)  
*Nice, France*
- Knee Arthroplasty and Navigation Cadaveric Workshop  
*Clinical Training Education Centre, Perth, Australia*

2005

- Australian Orthopaedic Association ASM  
*Perth, Australia*

## 4. EDUCATION, TRAINING PRIZES & AWARDS

### 4.1 POSTGRADUATE

#### **Qualifications**

Fellow of Royal Australasian College of Surgeons (FRACS)  
Fellow of the Australian Orthopaedic Association (FAOrthA)

#### **Prizes**

Royal Australasian College of Surgeons Congress Prize (2012)

#### **Examinations and Training**

Surgical Education & Training (SET) in Orthopaedic Surgery  
Basic Surgical Training  
Orthopaedic Fellowship Examination; Written & Clinical  
Orthopaedic Principles & Basic Sciences; Written  
Generic Surgical Sciences: Written & Clinical

#### **PhD (in progress)**

University of Western Australia  
School of Surgery, School of Exercise Science

### 4.2 TERTIARY

#### **Undergraduate Degree**

University of Western Australia  
Bachelor of Medicine, Bachelor of Surgery (with Honours)

### **Prizes**

Medical School Class Valedictorian  
Alan Charters Prize

## **4.3**

### **SECONDARY**

#### **Certificate of Education**

John XXIII College  
Tertiary Entrance Rank: 99.9  
Ranked 18 overall in Western Australia

#### **Awards**

Australian Student's Prize  
General Exhibition  
Subject Exhibition in Italian  
Certificates of Distinction in Economics & Chemistry

## **4.4**

### **ORTHOPAEDIC TRAINING ROTATIONS**

#### **Royal Perth Hospital**

Shoulder and Knee Arthroscopy and Joint Replacement. Tumour surgery. Trauma  
Hip Arthroscopy.

#### **Fremantle Hospital**

Shoulder and Knee Arthroscopy and Joint Replacement. Trauma

#### **Royal Perth Hospital**

Knee and Shoulder Arthroscopy. Hip, Knee and Shoulder Joint Replacement

#### **Royal Perth Hospital**

Major Adult Trauma (Level 1 Trauma Centre)

#### **Fremantle Hospital, Rockingham General Hospital**

Hip and Knee Joint Replacement and ligament surgery. Adult and Paediatric Trauma  
Arthroscopic Shoulder Surgery

#### **Princess Margaret Hospital for Children**

Paediatric Orthopaedics (Tertiary Referral Centre)

#### **Sir Charles Gairdner Hospital**

Shoulder Surgery, Adult Trauma. Hip and Knee Arthroscopy & Joint Replacement  
Foot and ankle surgery.

#### **Joondalup Health Campus**

Knee and Shoulder Arthroscopy and Joint Replacement. Adult and Paediatric Trauma

#### **Royal Perth Hospital**

Major Adult Trauma (Level 1 Trauma Centre)

#### **Bunbury Regional Hospital**

Shoulder, Knee and Hip Joint Replacement. Knee and Shoulder Arthroscopy  
Adult and Paediatric Trauma



**Hollywood Private Hospital/Sir Charles Gairdner Hospital;  
Perth Bone & Tissue Bank**

Allograft Retrieval as part of organ donation team

Assistance with Complex Hip and Knee Arthroplasty and Tumour Surgery

Perth Orthopaedic Institute Research Fellow

Research coordination, data collection

## **5. COMMUNITY AND LEADERSHIP**

### **Charitable Activities**

Salvation Army Red Shield Appeal

Act of Mercy Mission; Meru, Kenya

Organizing and fundraising committee member

Lions Club of Australia

Youth of the Year 1997

Winner, Perth District

### **Western Australian Amateur Football League**

Board Member

Chairman; Competition Integrity Subcommittee

Lead Author; Australian Football Concussion Policy Initiative

### **Australian Medical Association**

Doctors in Training Committee Member 2005-2008

### **Australian Medical Students Association**

International Branch Chairman 2002-2003

### **University**

National Student Leadership Forum, Parliament House, Canberra

Invited Delegate, 2001

### **Secondary School**

John XXIII College

Prefect

Treasurer, Student Representative Council

## 6. PROFESSIONAL MEMBERSHIPS

- AO Trauma (AOT)
- Australian Orthopaedic Association (AOA)
- Australian Medical Association (AMA)
- American Academy of Orthopaedic Surgeons (AAOS)
- Arthroscopy Association of North America (AANA)
- Medical Defence Association of Australia (MDA National)
- International Society of Arthroscopy, Knee Surgery, Orthopaedic Sports Medicine (ISAKOS)
- International Society for Hip Arthroscopy (ISHA)
- Royal Australasian College of Surgeons (RACS)

## 7. INTERESTS

### **West Coast Amateur Football Club**

- Life Member; Executive Committee Member
- Former Vice President, Secretary and Registrar
- Clubman of the Year (2003)
- Level 1 Accredited Coach, AFL
- Reserves Coach (2003-2008)
- League Assistant Coach (2007-2009)
- Runner Up Competition Best & Fairest Player Award (2005)

### **Other Interests**

- All Football codes
- Snowboarding, Skiing
- Golf, Running
- Economics, Current Affairs
- Musical Theatre
- Travel
- Eating Out

## 8. REFEREES

### **Prof. Piers Yates**

*Professor of Orthopaedic Surgery, UWA  
Head of Department, Fiona Stanley Hospital  
Orthopaedics WA  
Suite 15, 3 Barry Marshall Pde  
MURDOCH WA 6150  
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### **Mr Peter Annear**

*Orthopaedic Surgeon  
Perth Orthopaedic & Sports Medicine Centre  
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Tel: +61 8 9212 4200  
Fax: +61 8 9481 3792*

### **Mr Andy Williams**

*Orthopaedic Surgeon  
Fortius Clinic  
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LONDON, UK, W1H 6EQ  
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Tel: +44 (0) 845 853 1000  
Fax: +44 (0) 203 070 0106*

### **Prof. Markus Kuster**

*Professor of Orthopaedic Surgery, UWA  
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NEDLANDS WA 6009  
email: [markus.kuster@health.wa.gov.au](mailto:markus.kuster@health.wa.gov.au)  
Tel: +61 8 9346 3333  
Fax: +61 8 9346 6462*

### **Prof. David Wood**

*Professor of Orthopaedic Surgery, UWA  
Perth Orthopaedic Institute  
Gate 3, Verdun St  
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email: [david.wood@uwa.edu.au](mailto:david.wood@uwa.edu.au)  
Tel: +61 8 9386 6211  
Fax : +61 8 9346 6462*

### **Mr Omar Khorshid**

*National Director of Training, Australian  
Orthopaedic Association  
Head of Department, Fremantle Hospital  
Coastal Orthopaedics  
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### **Assoc. Prof Michael Gilbert**

*Assistant Professor of Orthopaedic Surgery,  
University of British Columbia  
Joint Preservation Centre of British Columbia  
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### **Mr Andrew Wallace**

*Orthopaedic Surgeon  
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Fax: +44 (0) 203 070 0106*

### **Prof. Richard Carey Smith**

*Professor of Orthopaedic Surgery, UWA  
Head of Department, Sir Charles Gairdner  
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Sir Charles Gairdner Hospital  
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